

Haverhill WEEKLY NEWS

Thursday, January 30, 2014

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45p where purchased

Fire rips through village home

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Get ready for the Summer Bash!

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Two more retailers to close their doors

DEBRA FOX

TWO town centre retailers have said there is no longer enough to keep people shopping in Haverhill town centre.

Jewellery by Tony Strowger, on High Street, and Morley's, on Queen Street, are both leaving the town in the coming months.

Mr Strowger, who has had his shop for 12 years, has decided to move to Bury St Edmunds in a bid to save his business.

He said: "Haverhill is not as active as it once was, and I think everybody knows that. I would say that a lot of people are shopping out of town."

Mr Strowger is shutting up shop on February 22, and will re-open on St John's Street, Bury St Edmunds, on March 1.

Morley's has been in the town for half a century, and is now closing down due to the owner's retirement.

David Jagg has worked there for 28 years, and has been store manager for eight years.

Since the announcement earlier this week, Mr Jagg and his colleagues have been inundated with positive feedback on their service to the town.

The shop will shut on March 31.

Mr Jagg said: "We have served the town for 50 years, and survived two or three recessions."

Morley's provides the uniforms for Castle Manor Academy and Place Farm Primary Academy.

Mr Jagg added: "The town centre is not managed properly, and people go



to Cambridge or Bury St Edmunds where there is more choice.

"There's not enough in the town to keep people here spending their money."

The news of the two stores closing comes in the same week that a national operator has expressed an interest in securing the empty Co-op site on Jubilee Walk.

Will Austin, town clerk, urged people to shop locally.

He said: "We lose shops because we don't use them, and potential new retailers come here and look at how many people are out and about in the High Street before deciding whether to set up in

Haverhill.

"If we keep our side of the bargain by shopping locally as much as we possibly can, it boosts the local economy and gives us ammunition in our efforts to get the Economic Development people to do more."

Elaine Carr, owner of thebestof Haverhill, added: "Perhaps these latest changes will cause people to reflect on where they spend their money and motivate them to spend more of it in Haverhill."

■ **Interest in old Co-op site: Story on page 7**

What do YOU think?

Email us at editorial@haverhillweeklynews.co.uk or visit haverhillweeklynews.co.uk



ON THE MOVE: Tony Strowger is moving his business to Bury St Edmunds. Below, Morley's will shut on March 31.



Calling all young footballers . . .

» PAGE 10



'I lost six stone, and I feel great'

» PAGE 14



'I won't let asthma control my life'

» PAGE 16

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WINNER: Loren Taylor
receives her prize from
Park Manager Helen
Chaplin with Head of
School Matt Gibson

Loren wins contest to name new road

AN INPSIRING name has been chosen for the main estate road into Haverhill Research Park.

Students from Castle Manor Academy competed to name the road, with Loren Taylor, 12, winning the crown for her suggestion – Three Counties Way.

The 12-year-old was presented with a Kindle e-reader at a school assembly on Tuesday. Helen Chaplin, from the research park, handed over the prize.

Loren's essay was judged by Nic Rumsey, of Carisbrooke Developments, Cllr Karen Richardson, Matthew Gibson, head of schools at

DEBRA FOX

Castle Manor, and the *Weekly News*.

Loren said: "The road is where the three counties Suffolk, Essex and Cambridgeshire meet."

"It is important that we have a connection with the people of the surrounding counties because it creates more job opportunities."

Loren was praised for her imaginative choice, which took the history and geography of Haverhill into account.

Mr Rumsey said: "We are delighted with Loren's choice which was cer-

tainly well thought out and original.

"But more importantly she made the connection that Haverhill is close to and linked to Cambridge which will be a very important point in marketing the project to potential occupiers."

Mr Gibson praised Loren for her "excellent name" which will leave a permanent legacy for Castle Manor in the town.

A student from each of the academy's four houses was shortlisted for the prize with other suggestions including Giffard's Way and Enterprise Avenue.

Loren will unveil the sign for the new road at a ceremony later this year.

Councillors vote against videoing meetings

A CONTROVERSIAL suggestion to video all council and committee meetings has been refused.

Cllr Barry Robbins, of UKIP, suggested that videoing meetings of Haverhill Town Council would make them "open and democratic" and give the public a chance to see what the council does.

He said: "Meetings should be open and I think it would be a good idea for these to be shown."

But other town councillors voted against it.

Cllr Roger André, town mayor, said that the videoed material could be

easy to abuse.

Speaking at full council on Tuesday he said: "The current proposal comes from a group with a recent track record for abusing councillors and residents, for preventing the expression of views they disagree with and using criticism of representatives to pursue a political agenda."

All council meetings and committees are open for the public to attend, and minutes and agendas are available to view online.

Cllr Maureen Byrne, deputy mayor, added that having cameras present in meetings may make people uncom-

fortable and have a detrimental affect on what is said.

Haverhill's Safer Neighbourhood Team has recently started streaming meetings online – but councillors say they would prefer people to go to meetings and take part in discussions.

Newly-elected town councillor Paul Firman, also of UKIP, was the only other person to vote in favour of videoing.



What do you think?
debra.fox@cambridge-news.co.uk

Family flee as fire rips through village home

THREE people were taken to hospital after a fire, which blazed for more than four hours, ripped through a three-storey home.

The incident, at The Grange, The Street, in Little Thurlow happened at 3.30am on Sunday and was not brought under control until 8am.

More than 30 firefighters were on the scene through the night and into the morning in a bid to control the blaze at the Grade II listed property.

Steve Mablesen, officer in charge of the operation, said: "There were four people in the house at the time of the fire.

"Two teenagers were sleeping on the second floor in the room where the fire originated.

"Prior to the arrival of the fire service, a female teenager was rescued by her father.

"A male teenager had

■ **LIZZY BUCHAN AND DEBRA FOX**

also made his own way out of the premises through a bedroom window."

The family have been named locally as the Huelins, and it is thought that father Lewis rescued daughter Emily from the fire.

A spokesman for the East of England Ambulance Service confirmed that they were called to the scene shortly after 3.30am.

He said: "Four patients were treated at the scene, three conveyed to Addenbrooke's Hospital with potential smoke inhalation. None of them were thought to have life threatening injuries."

Mr Mablesen said that all three people have now been released from hospital.

It is thought that the blaze started with an electric fire in a second

floor bedroom.

Suffolk Fire and Rescue Service will not be launching an investigation, Mr Mablesen said.

Crews from Haverhill, Wickhambrook, Linton, Clare, Cambridge and Bury St Edmunds all attended the scene, a road closure was put in place and a local council officer was called.

The roof timbers have been burnt through leaving the roof structure unstable, and most of the damage has been confined to the second floor.

The property had just been sold by Cheffins, with a guide price of £685,000.

The estate agents confirmed that "there has never been a fire like this in a house we are currently selling", but were unable to offer any further comment.



FIRE: The scene at The Grange, in Little Thurlow

A1307 on the agenda at public meeting

CONCERNS about Haverhill's A1307 road are going to be heard by West Suffolk's MP.

Matthew Hancock has organised a meeting to take place in the town in March.

Representatives from relevant organisations, businesses and local residents are being invited to attend.

Previous calls have been made for the A1307 road between Haverhill and Cambridge to be dualled – and Mr Hancock has previously signed a petition in favour of this.

He said: "Since being elected in 2010 one of the issues that has been raised with me time and again is the A1307.

"Haverhill is on the up and I think there is wide support for more infrastructure to support that, but I think the community needs to come together to really give this idea a big push if we are to get anywhere. That is why I am calling for a public meeting. I hope everyone concerned about the future of Haverhill can attend."

All options into the future of the road need to be discussed, including dualling of the highway, possible government funding and a bypass around Linton.

The meeting is taking place at Haverhill Football Club on March 21, from 6pm.



Tell us what you think:
debra.fox@cambridge-news.co.uk



IN THE MONEY: Women celebrating their success.

PJ girls raise £115k for hospice!

PYJAMA-clad women have raised over £100,000 for hospice care.

St Nicholas Hospice Care held its annual Girls Night Out fundraiser in September.

More than 1,000 ladies took to the streets of Bury St Edmunds in their pyjamas for the charity.

Together, they raised a whopping £115,037.

Jenny Baskett, Hospice Events and Challenges Fundraiser, said: "The whole evening has a real

party atmosphere, which means that many women take part year after year."

Women are invited to don their favourite pyjamas, paired with some flashing bunny ears for a choice of 11.2 or six miles around the town.

The sixth Girls Night Out will take place on September 13 this year, and registration is opening in the spring. Visit stnicholashospicecare.org.uk

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Vision 2031 meetings are coming to town

PUBLIC examinations into Vision 2031 will take place next week in town.

Roger Clews, appointed planning inspector, will address chosen subjects from the document with invited speakers.

Residents are welcome to attend these meetings and listen, but will not be able to take an active part in discussion.

Following the inquiry, Mr Clews will report back to St Edmundsbury Borough council with his findings.

Meeting dates in Haverhill are as follows:

■ Tuesday, February 4, Days Inn Haverhill – Rural area south: 9.30am.

■ Wednesday, February 5, Haverhill Leisure Centre – Objectives, travel, infrastructure and the environment: 10am.

■ Wednesday, February 5, Haverhill Leisure Centre – Local centres, community facilities and Haverhill town centre: 2pm.

■ Thursday, February 6, Haverhill Leisure Centre – Homes and communities: 9.30am.

■ Thursday, February 6, Haverhill Leisure Centre – Jobs and Economy: 2pm.

Academies move up school league tables

DEBRA FOX

EXCELLENT results in GCSEs and A-levels have helped two academies move up the Government league tables.

Castle Manor Academy and Samuel Ward Academy are both celebrating students' successes, which have helped put Haverhill on the map.

Both schools have made staggering improvements in their A-level performance with Castle Manor coming 10th in the county, and Samuel Ward just behind in 12th place.

There are 102 secondary schools in Suffolk, and 52 establishments providing education for 16 to 18-year-olds.

Samuel Ward has also managed to maintain its 11th place status for GCSE performance in Suffolk, with Castle Manor rising 10 places from last year to 31st.

Matthew Gibson, Castle Manor Academy head of school, is pleased with the recent successes and is already looking to the future.

He said: "In my short time here I have had many opportunities to reflect our motto and feel proud of our students' success."

"Our most recent GCSE results represented another excellent year, with an 11% increase since the previous year in students achieving 5 or more A*-C includ-



PROUD: Andy Prestoe

ing English and Maths.

"We continue to enhance our curriculum and support each individual to ensure they achieve the best results possible both at Key Stage 4 and beyond in our rebranded Sixth Form, CB Sixth."

"It is also worth noting that our value added score, that is the relative outcomes for students when you take their previous results into account, remains significantly above the national average."

This year, more than half of Castle Manor's students achieved five A* to C grades including English and Maths.

Andy Prestoe, Samuel Ward Academy Trust head of schools, said that despite



HARD WORK: Matthew Gibson

the great results, which saw the school's rate of pupils getting five A* to C grades including core subjects rise to 71 per cent, the focus must always be on the future.

"It's a positive picture for the town and local students, however there are always things you can improve on," he said.

"As long as we keep focusing on that, we will always improve."

Mr Prestoe added: "We wouldn't get the results if we didn't have fantastic staff, students who work hard and great parental support."

"The job is to replicate this again this year."

New pub brings jobs to town

MORE than 50 new jobs are coming to town with the opening of a new pub.

The Flying Shuttle, a Marston's Inns and Taverns establishment, is set to be complete in May this year.

The pub will cater for 180 diners and offer Milestone Rotisserie and pub meal classics.

It will be situated on Faraday Avenue, a new road as part of the Haverhill Research Park development.

Pete Dalzell, from Marston's Inns and Taverns, said: "We're extremely excited about Flying Shuttle and hope when opened it will build a great reputation locally."

The hunt is on for an assistant manager, head chef and second chef for the pub and restaurant.

Visit marstons.co.uk/apply

Man jailed

A MAN who stole three joints of meat from Sainsbury's has been jailed.

Martin Andrews, 33, pleaded guilty to theft and two counts of assault by beating on January 27 at West Suffolk Magistrates Court.

The meat was worth £59.26. Andrews, of Feltham Place, Haverhill, was sentenced to 24 weeks in custody.



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January is already coming to a close meaning that the New Year is well and truly underway.

Here at the Haverhill Weekly News we have picked some of our most loyal businesses to help you in the coming months. We pride ourselves on the long term dedication of our local traders and we want to show why they have been in business so long.

Locally owned businesses build strong communities by sustaining vibrant town centers, linking neighbors in a web of economic and social relationships, and contributing to local causes. Local stores help to sustain vibrant, compact, walkable town centers—which in turn are essential to reducing sprawl, automobile use, habitat loss, and air and water pollution.

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THE TEAM: David Doughty, centre, and the Summer Bash team.

Get ready for the Summer Bash!

AN INAUGURAL event which raised £4,000 for charity is going to be bigger and better in 2014.

Haverhill's first Summer Bash, held on July 21 2013, is coming back to town – but this time, it will be held over an entire weekend.

A sports day will be held at The New Croft on July 19, followed by a concert, and on

July 20 the show will take place.

David Doughty, show committee chairman, said: "People are still stopping me in the street saying how well it went last year."

"I am really looking forward to it and we have got some great ideas that we want to put to the town."

Lamp H and the town's

young people will be the main beneficiaries.

Sponsors are wanted for the tug of war, as well as dog, cake and baby shows and organisations are invited to run a stall.

It costs £50 for small, £75 for medium and £100 for large.

If you want to get involved contact Mr Doughty at The Gallery on 01440 71233.

Town to get a credit union

DEBRA FOX

FAMILIES are being discouraged from using payday lenders with the development of a new credit union.

Haverhill is due to get a credit union service with a town centre location opening in March.

The service will operate from the Havebury Housing Partnership offices in the High Street and advise families on how to make savings while having access to small scale borrowing.

At Tuesday's full council meeting, councillors pledged £3,000 to help the project get established over a period of one year.

Cllr Roger André is a member of the steering group set up to support the service, which is being run through the Ipswich and Suffolk Credit Union.

He said: "Town councillors



TOWN MAYOR: Cllr André.

have been working with groups in the community to address the scourge of child poverty in our town.

"Encouraging families to plan their limited finances, with access to small scale borrowing and saving, protects them from high-interest, short-term loans that can

spiral with exorbitant interest rates and charges."

The town council's donation will help to employ an organiser to recruit and train volunteers for the scheme. After being established for a year, the scheme will be in the hands of volunteers.

Other members of the steering group include representatives from REACH Community Projects, Havebury and the Citizens Advice Bureau.

Philip Sullivan, Director of Operations at Havebury Housing Partnership, said: "Havebury wants to support the growth of a credit union in the Haverhill area as we believe this will benefit many residents including Havebury tenants."

"We are currently working with other agencies on proposals that would mean some of the space in our office being used by the Credit Union."

Appeal for centre volunteers

A GROUP of volunteers are needed to help run a new hospice centre.

St Nicholas Hospice Care is opening an outreach centre in Haverhill this spring.

But volunteers are needed to help with the running of the new premises which will be set up in the Burton Centre, in Camps Road.

Emma Izod, voluntary services manager, said: "With the builders already working on converting the Burton Centre into our first outreach centre, we are behind the scenes ensuring we have a volunteering team ready to go when the building is finished. "We already have some volunteers signed up, but could

really do with some more. Even if you have just a few hours to spare each week, we would like to hear from you." Full training and support will be given to those who want to help.

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The Haverhill Weekly News is your truly local newspaper for the town and surrounding villages.

We pride ourselves on producing publications for the community and about the community and aim to provide the very best service for readers and advertisers alike.

At the same time, we are constantly looking to improve our titles and are always happy to hear from you with suggestions and comments.

If you have any feedback for us then please contact the relevant person or people listed below.

MEET THE TEAM

EDITOR

Wendy Davey

wendy.davey@cambridge-news.co.uk

REPORTER

Debra Fox

01353 667916

debra.fox@cambridge-news.co.uk

ADVERTISING

COMMERCIAL MANAGER

Tracey Brockman

01223 434288

tracey.brockman@cambridge-news.co.uk

ACCOUNT EXECUTIVE

Russell Boughtwood

07881 093015

Russell.boughtwood@cambridge-news.co.uk

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Letters

Send your letters to: The Editor, Haverhill Weekly News, 15 High Street, Newmarket, CB8 8LX or by email to editorial@haverhillweeklynews.co.uk

Thank you for your support

DEAR residents, colleagues and Labour Party supporters, both Liz Smith and I would like to sincerely thank you all for the tremendous support you gave us at the recent local elections in Haverhill East on January 9th.

We visited as many homes as we could, to speak with residents and share your views and any local and national issues, which you wished to share with us. Despite not being successful and coming in second to the UKIP party, our share of the vote increased by 3% from the last election in May last year.

The Haverhill Labour Party is visible and active every Saturday on our Market.

This is our way of having weekly surgeries and being available to any residents that have any issues you want to discuss or have us take up on your behalf.

It is a very successful way to stay in touch with our residents/community and we are sometimes able to give answers to often complex problems.

We have a massive job of work to do to ensure Haverhill remains firmly high profile in terms of the Borough Council and Suffolk County Council decisions, you can be assured your Labour Haverhill Town and Borough Councillors, will continue to campaign and work tirelessly for our Town.

Haverhill, is a great place to live, work and raise our children, it's a safe place to live and continues to deliver great activities and events for all.

Thank you again.

Town Councillor Pat Hanlon

Your Pictures



David Hack, BTO Garden BirdWatch Ambassador for Suffolk, sent us this photo of a Coal Tit which he took in his Haverhill garden.

David writes: "Weighing just 8-10 grams, the Coal Tit is the smallest of the titmice which commonly visit our gardens. "It is less colourful than the more familiar Great Tit and Blue Tit. The Coal Tit has the habit of dashing up to a feeder, grabbing a nut or seed and then disappearing into a hedge or shrub to feed, out of the gaze of predators."

"Anyone wanting to learn more about these fascinating little birds, and other species which visit their garden, may be interested in joining the BTO Garden BirdWatch scheme."

For more information contact David Hack at dfhack@outlook.com

We need you!

If you're thinking about making a change to your life, be it getting fit, participating in a sporting event, signing-up for a once-in-a-lifetime challenge, or taking up voluntary work, The Children's Trust would love to hear from you. We need you to help us make a difference to the lives of children with a brain injury.

The Children's Trust, the UK's leading charity for children with brain injury, is celebrating its 30th anniversary and is hoping, with the help from the public, to make it a memorable and successful year.

The Children's Trust has lots of fundraising

activities taking place during the year – some at national level: National Doughnut Week and Humphrey's Pyjama Week – as well as many regional and local activities organised by our supporter groups.

We have available places in many famous running events – including full and half marathons - and would love to hear from runners who would like to represent the Trust in the Virgin Money London Marathon, the Great North Run, the Great South Run or Brighton Marathon. For cycling enthusiasts, this year's Prudential Ride London-Surrey 100 will be taking place on 10th August, so please contact us if you would like to part. Alternatively, if you would to enjoy some great

entertainment for all the family, whilst helping to raise money for the Trust, The Supercar Event will be returning to Dunsfold Park, Surrey on 21st and 22nd June. For more ideas on how you can support The Children's Trust, including becoming a volunteer at one of our charity shops, please visit: www.thechildrenstrust.org.uk, email: enquiries@thechildrenstrust.org.uk

or phone 01737 365020.

Please consider supporting The Children's Trust this year to help make a difference to the lives of some very special children.

With very best wishes for a happy and fulfilling New Year,

Phil Tufnell
Vice President of The Children's Trust
www.thechildrenstrust.org.uk

LETTERS POLICY

Letters should arrive by noon on the Monday before publication.

Full name and address must be supplied and details will be withheld only in exceptional circumstances.

Letters should be no longer than 250 words and may be edited.

Send your letters to editorial@haverhillweeklynews.co.uk, or write to The Editor, Haverhill Weekly News, 15 High Street, Newmarket CB8 8LX.

Town's half-marathon event gets council backing

AN EXCITING event for runners has received the backing of Haverhill Town Council.

The Haverhalf and Haver10, the town's first half marathon and 10K, are being held in May this year.

At Tuesday's full council meeting Jack Tappin, race director, and a representative from St Nicholas Hospice Care applied for a grant.

They have been awarded £500.

CLR Maureen Byrne, deputy mayor, said: "I hope this event is going to be the first of many, and I think that we should support you."

The events, sponsored by Sanofi, of Rookwood Way, are going to start and finish on the Recreation Ground.

Castle Manor Academy, GreenAir Cars, Stylize, Perform Sports Therapy and Haverhill Town Pastors have also pledged their support.

Mr Tappin said that 48 people have signed up to take part so far, less than a week after the launch.

Entry and sponsorship forms are available at Haverhill Arts Centre and you can apply online entrycentral.com/haverhalf.



LAUNCH: Jack Tappin, centre, with Cllrs Anne Gower and Julian Flood and staff from Sanofi.

Who will be taking on Co-op site?

A BIG name operator could be moving into a prime town centre location.

The Co-op unit on Jubilee Walk, Haverhill, has stood empty since 2011, but the company has confirmed that there has been "considerable interest" in firms wanting the site.

The building, owned by St Edmundsbury Borough Council, is on lease to the Co-op until 2076.

A spokesman for the Co-operative Estates said: "There has been considerable interest in the premises and we are currently in negotiations with a national operator interested in acquiring it, but we are unable to say any more at this stage."

Many companies have previously expressed an interest in owning the site, notably Morrisons. They reportedly pulled out over a lack of free parking.

The nearby car park is also owned by the borough council.

There are 210 spaces, but it costs £2.20 to stay there all day.

DEBRA FOX

Will Austin, town clerk, said that the sooner the shop comes back in to use, the better.

"It is very welcome news that the Co-op are making progress towards finding a new occupier for the premises," he said.

"The building has been vacant since 2011, far too long for a prime retail site in a town centre that desperately needs a wider range of shops to serve a fast growing population."

"I hope they will be able to seal the deal quickly and I am sure the whole town will be keen to find out what the new occupier will add to Haverhill's retail offer."

Mr Austin added that a national chain would go a long way to revitalising the High Street, and providing a better shopping experience for the town's residents.

What shop would you like on this site?
debra.fox@cambridge-news.co.uk



LEARNING MORE: Residents enjoying the family history day at Haverhill library.

Who do you think you are?

MORE than 100 people visited their local library to learn about family history.

Haverhill Family History Group held a special event offering one-to-one help and advice on searching for their ancestors.

Dr Karen Cummings, a professional family historian, attended to offer an insight to those just at the beginning of their search and those who have just hit a brick wall.

The group has also been progressing with its aim to record the lives of all those named on the town's war memorial.

Weekly help sessions are held at the library every Wednesday – and many visitors on the day are keen to continue their search.

If you want to book a place contact the library on 01440 702638.

NEWS IN BRIEF

Celebration at library

A COFFEE morning and free prize draw are taking place in honour of National Libraries Day.

The events are happening at Clare Library on February 8.

Everyone who visits the library between 9.30am and 12.30pm will be entered into the draw automatically.

Visit suffolklibraries.co.uk

Ban on e-cigarette use

HEALTH experts in Suffolk have backed proposals to ban young people from buying e-cigarettes.

Under-18s will be stopped from buying the devices under an anticipated new law.

Live Well Suffolk has been working with pharmacies and GPs across the county to provide stop smoking advice.

For more information go to livewellsuffolk.org.uk

WI trips planned

THE next meeting of Haverhill WI is taking place on February 19 at the Arts Centre.

Trips to Lavenham and Greene King brewery in Bury St Edmunds are planned for the summer.

Crime down 10 per cent

NEW figures show that crime in Suffolk has fallen 10 per cent from September 2012 to 2013.

Matthew Hancock, West Suffolk MP, praised the county's police force for working hard and achieving the drop.

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Birthday Greetings

Happy 100th Birthday

Kathleen Scott

28th January

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Deaths

BEARD Doreen

passed away peacefully at The Meadows Care Home on Tuesday, 14th January, 2014. A devoted wife, mum, nan and great-nan, who will be sadly missed by all her family and friends. Funeral service at West Suffolk Crematorium on Friday, 7th February, at 3.00pm. Family flowers only please but if wished donations for Stroke Association or British Heart Foundation may be sent c/o H. J. Paintin Ltd, 60 Withersfield Road, Haverhill, Suffolk, CB9 9HE

HOWLEY Jan

passed away peacefully on Tuesday, 21st January, 2014. A private cremation has taken place. The family would like to invite Jan's friends and family to A Celebration of her Life at Haverhill Golf Club, on Thursday, 6th February at 2.00pm. No flowers please by request, but if wished donations may be made payable to St Nicholas Hospice or Cancer Research UK. Donations may be left at the celebration or sent c/o H. J. Paintin Ltd, 60 Withersfield Road, Haverhill, Suffolk, CB9 9HE

LOFTHOUSE Maureen (Molly)

Peacefully in West Suffolk Hospital, on Tuesday, 21st January, 2014, aged 78 years. Funeral service at West Suffolk Crematorium, on Thursday, 6th February, 2014, at 2.15pm. Family flowers only please, but donations, if wished, made payable to The Friends of West Suffolk Hospital, may be sent c/o The Co-Operative Funeralcare, 7 High Street, Haverhill, CB9 8AA.

www.cambridge-news.co.uk/announcements

Deaths

LOMAS Steve

of Haverhill, died suddenly at Addenbrooke's Hospital on Friday, 17th January, 2014, aged 68 years. Sadly missed by all his family and friends. Funeral enquiries to H. J. Paintin Ltd. Tel: 01440 703218



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Share your kind thoughts with the family and loved ones of those who have passed away by signing the online guest book.



Go to: www.cambridge-news.co.uk/announcements under the classifieds tab. Click obituaries, select the name of the person and then click on Guest book.

SHOW SOME LOVE:
The campaign is running from February 1 until February 14.



It's time to show your love . . .

INDEPENDENT businesses are being honoured in an upcoming campaign. Elaine Carr, owner of thebestof Haverhill, has announced the return of a popular February campaign - but with a new twist. Haverhill will take part in the Local

and Loved Business Awards. Previously known as the 14 Days of Love campaign, the awards will give the opportunity for people to show their appreciation to their favourite local shops and businesses. The campaign launches on February

1 and runs until midnight on Valentine's Day. Last year, Dizzy's Day Nursery took the crown for most loved business. Visit thebestof.co.uk/vote to pick your favourite. Winners will be announced on February 17.

Wildlife group to meet up

MEMBERS of Haverhill Wildlife Group will meet at East Town Park Centre next month. The meeting will take place at 7.30pm on February 12 at the premises on Coupals Road. David and Yvonne Leonard will present guests with an illustrated talk on Suffolk's Protected Roadside Verge Scheme. Members will learn how the campaign works to protect plant and animal life in these habitats.

Van wheels stolen

THE front wheels of a white van have been stolen. The Vauxhall Vivaro was parked in Vetch Walk, Haverhill, when it was jacked up and had its two front wheels taken off. The incident took place between 9.30am on January 23 and 4.30pm on January 24. Contact 101 or Crimestoppers on 0800 555111.

Town activities could be hit in budget cuts

COMMUNITY activities and Christmas lights could take a hit in the coming year.

Haverhill Town Council needs to make savings of £129,000 over four years as a result of a funding withdrawal from St Edmundsbury Borough Council.

At a meeting of the Leisure and Community committee on January 20, a draft budget was drawn up for the arts and leisure budget - which pays for community activities - the Arts Centre budget and the community first budget, which pays for things like Christmas lights and grit bins.

The provisional budget outlines a 12.4 per cent reduction across these three areas, which equates to around £25,000.

Will Austin, town clerk, said: "This is one of the largest areas of the council's expenditure."

"Councillors were very keen that we should protect the free activities for the public, so the most significant impact

DEBRA FOX

fell on the community first budget."

In the draft budget, there is a 30 per cent proposed reduction on money spent on Christmas lights.

The town council owns a lot of its own lights - especially with the addition of the decorations designed by local schoolchildren last Christmas.

Mr Austin added: "We have quite a lot of lights of our own that we have bought over a period of years - and we are looking at ways of making significant savings."

"We will make sure that the lights display is every bit as impressive as it was in 2013."

The town council has been looking at other ways to make up for the money lost - including a possible rise in council tax.

Mr Austin explained that

several preliminary budgets have been drawn up - which state the impact of a zero increase in council tax through to a 5 per cent increase.

He said: "We are very keen for a budget which does not impose a significant additional burden on the community."

"To achieve that, it will not be without impact on what we do."

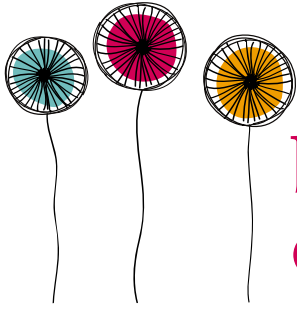
The borough council has ruled to keep a discretionary grant awarded to them by the Government for the financial year. Previously, it has been paid out to all of the towns and parishes in the area.

The town council's funding will be reduced by 25 per cent per year, until it is phased out. They need to cut £32,000 this year.

The budget needs to be approved by full council.

What do YOU think?

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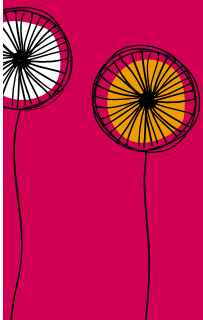
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NEWS IN BRIEF

Stay safe for Chinese New Year

FIREFIGHTERS are urging residents to celebrate safely.

Chinese New Year is taking place on January 31.

The celebrations usually end with lanterns, fireworks and firecrackers.

Businesses can only supply fireworks three days before the celebration, and fireworks should not be used after 1am on Chinese New Year.

County against fly-tipping

OFFICERS from Suffolk Police and Suffolk County Council are working to make sure businesses are disposing of waste correctly.

Operation Tip-Off, an anti fly-tipping campaign, will see checks carried out on commercial vehicles.

Licence checks will also take place, and those transporting illegally may face fines.

Visit suffolkrecycling.org.uk to view a video about illegitimate waste disposal.

Wedding fayre at Arts Centre

MORE than 30 stalls are coming to Haverhill Arts Centre as part of a wedding fayre.

The event is on March 9, between 11am and 4pm.

It has been organised by Len Brook, of Brook's vintage car hire.

Visit haverhillweddingfayre.com for more information.

Appeal after burglary

A HOME has been broken in to over the weekend.

The incident happened at an address in Mill Hill between 6pm on January 25 and 10.30am on January 26.

No items are believed to have been stolen. Contact Suffolk Police on 101.

Search is on for young footballers

DEBRA FOX

A PREMIER League club is on the look-out for budding players.

Samuel Ward Academy in Haverhill has teamed up with Chelsea FC Foundation in the search for talent for a unique football training course.

The course, which will start in September, combines regular training and matches along with studying on the BTEC level 3 extended Diploma in Sport.

Participants will gain coaching qualifications and hands on experience – they will also finish the two-year course with the equivalent of three A-levels.

James Mason, achievement director at Samuel Ward said: "Chelsea provides Samuel Ward Academy with a high class programme, outstanding training sessions along with a fantastic match-day experience.

"Along with this, Samuel

**ON THE BALL: Samuel Ward Academy and Chelsea FC Foundation**

Ward provides state-of-the-art facilities and outstanding teaching and learning tailored to meet the needs of every member of the football development programme."

Previous graduates have gone on to study PE, sport and coaching while others have joined Chelsea FC

Foundation full time or progressed into Haverhill Rovers.

Andrew Morgan, Chelsea Foundation Essex football development manager, said: "Students from the school receive high-standard coaching that develops them as a player while supporting their long-term

employment opportunities.

"A key aim of the programme is to identify pupils to work for Chelsea FC Foundation to work in the Haverhill area providing positive role models."

The course is suitable for current Year 11s or post-16 students.

Band plays tribute to One Direction

A TRIBUTE act to one of the world's biggest boybands is getting ready for a date in Haverhill.

Only One Direction, a tribute to X Factor stars One Direction, will play at the Arts Centre on April 13.

The group formed in 2011 and have been belting out hits by Harry, Liam, Louis, Niall and Zayn across the globe.

Venues include Dubai Emirates Tower, Birmingham NEC and Blackpool Football Stadium.

Only One Direction performed in Haverhill last year, as part of a free concert programme - held in the Market Square.

Tributes to Girls Aloud and Take That were also on the bill.

Their theatre tour will also include a giveaway and meet and greet for fans at the end of the night.

Tickets are £12 for adults and it is £40 for a family ticket - two adults and two under 16s.

The event will start at 7pm. Visit haverhillartscentre.co.uk or call 01440 714140.

For more information about the band, go to facebook.com/onlyonedirectiontribute or follow @only1Dmusic on Twitter.

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OPENING: Tim Dodgson, headteacher, student Alys Phillips and Elodie, William, Alice and Harry, all aged 2.

It's play time, as new day nursery opens

A PREPARATORY school has opened a new day nursery.

Barnardiston Hall, which offers day school for boys and girls between 2 and 13 and full or partial board for pupils between 7 and 13, launched their nursery, The Lodge, last week.

The new addition will cater for children between 18 months and 3 years, and is open from 7am until 7pm.

Tim Dodgson, headteacher, said: "We are delighted to be opening this new nursery as a direct response to parents' requests for extended opening hours and holiday care."

"The Lodge will provide first-class facilities for children in a countryside environment in which the children will have 30 acres of fields to play whilst also benefitting from being able to use all the facilities of the main school."

New single hits the airwaves

DEBRA FOX

LOVERS of new music need to keep their eyes peeled for an upcoming star on the airwaves.

Dale Bennett has already made a splash with debut mini-album *Make My Own Breaks* last year.

And now he is starting 2014 right by racking up radio plays of new track *Tell Me Why*.

It debuted on Cambridge 105 on January 21.

Dale, of Calford Drive, Haverhill, said: "I've had a lot of good feedback for the record so far."

"Tim Willett from Cambridge 105 really liked the track and the vocals so it was on the New Music Generator."

The 21-year-old's new track



ON THE RADIO: Dale Bennett.

will also be played on BBC Introducing on BBC Essex on Saturday at 8pm.

Tell Me Why is being officially released in March and a music video is expected to follow in April.

The first full-length album is due to be finished in the summer – and current fans

can expect to be surprised.

Dale said: "It's going to be an acoustic-style album based around guitar and some band elements like drums and bass – it's going to be a lot more intimate than my last album."

"I can't wait to take it out and gig it."

The musician, who works at Costa in the High Street part time, plans to launch his content online piece by piece in preparation for the launch of his album.

Dale will finish studying music production at University Campus Suffolk in May this year, and turn his focus onto his career full time.

"If it wasn't for this course, I would have no idea how to work in a studio," he said.

Visit dalebennettmusic.com for more information, updates and free downloads.

Greenest County Awards will deadline tomorrow

GREEN minded businesses, communities, schools and people are being urged to nominate themselves for an award.

The deadline for the Greenest County Awards is tomorrow – and Suffolk County Council wants the best in the county to shine.

The awards are into their seventh year, and highlight innovative environ-

mental changes across the area.

This year is the first time that a public vote award has been incorporated – this category will honour a community or group of volunteers who are working hard to raise environmental awareness.

There are 12 categories. Visit greensuffolk.org.uk/awards2014

£5m funding for projects

A SCHEME which helped to fund Haverhill Research Park has more funding available.

The Growing Places Fund, from Greater Cambridge Greater Peterborough Enterprise Partnership, has launched £5 million to invest in local projects.

The pot, which became available on Friday, is targeted at projects which are taking new approaches to creating economic growth.

Around the Villages

Rose Upholstery is blooming

ROSE Upholstery, from its base in Haverhill, has been in business for around 30 years and offers a unique service to the area that most people probably don't know about.

The highly-skilled family firm – run by husband and wife team Clare and Trevor Hyett, with their son Sam – specialises in upholstering dining furniture, headboards, pubs and restaur-

ADVERTISING FEATURE

rants. Their customers range from select, upmarket furniture companies that supply the likes of Harrods and other top-end department stores, through to individuals who simply want an ageing set of chairs to be given a new lease of life.

Their specialist skills have seen them in great demand from across the UK, and they've even done jobs for a range of celebrities from ex-Manchester United manag-

er Sir Alex Ferguson to "Dragon's Den" entrepreneur Theo Paphitis and even royalty.

Whether the job is large or small, Rose Upholstery prides itself on offering an attentive personal service, along with a highly professional and businesslike manner. For customers who are not quite sure what they want, the firm are always delighted to advise. And with a collection of literally thousands of fabric samples in all colours and leathers at their fingertips, it's not surprising that, as Clare says,

they've "never failed to provide a suitable fabric."

So if you are desperate to revamp some dining room chairs or even a headboard that is past its best, contact the friendly and approachable team at Rose Upholstery, who are always delighted to help. They will give you a competitive price quotation and can always turn round jobs impressively quickly: usually within a week!

Rose Upholstery is based at Unit 7, 5 Homefield Road, Haverhill, CB9 8QP. Telephone them on (01440) 766999 to find out more.



TEAMWORK: From left are Sam Prior, Clare Hyett and Trevor Hyett



HARD AT WORK: Rose Upholstery is based on Homefield Road

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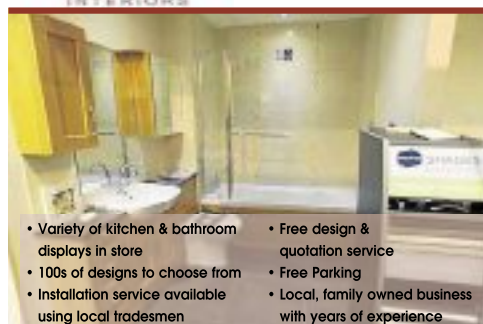
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Mum enjoys after losing

TRANSFORMATION: Teresa's amazing new look and below, the photo which shocked her into losing weight.



STARING at the Facebook photo of herself at a hen weekend, Teresa felt disgusted by what she saw. While other 'hens' had been getting into the spirit of the Hawaiian night, doing the hula in coconut shell bras and grass skirts, Teresa stood nursing a glass of wine, feeling self-conscious, fat and frumpy. Hiding her frame beneath a baggy T-shirt and Bermuda shorts, a pair of oversized sunglasses masked her dark expression. 'Mortified' by the pictures, Teresa knew she had to put a stop to her self-destructive eating.

Opening her diary, she wrote: 'It's been building up for a while now but today is the day I have finally decided that enough is enough and I need to do something about my weight. My body makes me feel ashamed, disgusted, unhealthy, unattractive, desperate and unhappy.' Having seen an advert for LighterLife, she promptly signed up, promising to abstain from 'normal' food for at least 100 days, and survive solely on the programme's calorie-controlled drink and food packs. That was in October 2012. Six months later, she had shed six stone, dropped from a size 22 to a svelte size 12 and discovered a new passion for running. The woman before me

An unflattering Facebook photograph was the catalyst Teresa Cameron needed to shed six stone in six months – then run her first half marathon. Louise Cummings meets the inspiring mum-of-two.

today at her St Neots home is a far cry from that awkward, unhappy soul in the pictures. Radiant, happy and dressed in a pretty top, teamed with jeggings – which show off her toned runners' legs – she tells me she has rediscovered her zest for life.

"People ask me if I feel like a new person. I don't. I finally feel like me again!" she enthuses. "I have got my confidence back, feel happier than I have ever been and like I can be the role model for my children that I always wanted to be."

Teresa, 36, who lives with her husband Ian, 12-year-old son Joe and eight-year-old daughter Rosie, believes her eating problems stem from childhood. Growing up in East London, she had it drilled into her that she needed to finish everything on her plate.

"My parents weren't very well off so every penny counted, and we were told to eat what was on the table, because there were starving children in Africa that would be glad of the food," she recalls.

A relatively active teenager, it was when Teresa took her first accountancy job in London that she noticed the pounds sneaking on. "Then I met my husband Ian, and we bought our first house together at 18, so at an early age we were in charge of our own budgets. Looking back I can see that when I was dishing up dinner, I'd dish up the same amount for me as him, which was too much."

Married by the time she was 23, Teresa, a corporate treasurer, reached a 'comfortable' stage in her relationship. "Once I was married, I just felt so secure and happy, and Ian's never been bothered about my weight, so I didn't really worry about it either."

Chocolate was her biggest vice, alongside a large portion of daily 'stodge'. "We'd have comfort food like pasta and pies and mash, plus a takeaway once a week. My favourite was Chinese, and we'd order lots of dishes to share," she tells me.

Giving birth to son Joe when she was 23, and Rosie three

years later, Teresa gained weight with each pregnancy, and though she'd lose some, not all the 'baby bulk' would shift. "I was putting on about a stone a year," Teresa says, "I'd end up buying bigger and bigger clothes until eventually I was wearing a size 22. I hated clothes shopping and could only shop at specialist places like Evans or Yours. I just wanted to hide away in big baggy black clothes," she admits.

Teresa's feelings of self-loathing about her body meant she struggled to enjoy social events. "We used to go to Ascot every year with work and so two years in a row I went to the races feeling that I looked disgusting. I hated dressing up and putting on a hat; I didn't want to draw attention to myself."

As well as knocking her self-esteem – "I hated eating in front of people, because I thought they'd be thinking 'Oh look at that fat cow eating cakes over there'" – Teresa's size meant playing with the children was a definite no-no. "I would shy away from doing things with them; I didn't really like taking them swimming and if we went to the playground, I'd just sit on the bench and watch them."

The hardest truth she faced was that son Joe could be bullied at school about her

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LIFE CHANGE: Teresa shows off her new figure and right, pictured with her family, who have supported her every step of the way.

size. "My son's at secondary school and a few of his friends had said 'You know Joe's mum, the fat one' and I felt bad for him that he was embarrassed his mum was overweight," she says sadly.

Teresa had tried various diets and gym classes in a bid to budge the pounds, but nothing seemed to work. Until her Facebook encounter, that is. "When I saw the photos from the hen weekend at Butlins, I was mortified," she tells me. "One night we all had to dress up as the groom, and trying to find a shirt and tie that fitted was a nightmare. In the end I had to get a T-shirt printed with a tie printed onto it. I just felt horrible, uncomfortable, and disgusted at myself the whole weekend."

Back home, Teresa and her sister-in-law – who had accompanied her on the hen do and lives in Essex – made a pact to join LighterLife Weight Management schemes in their respective regions. Teresa's start weight, when she signed up to Owen Matthews's classes in Huntingdon in October 2012, was 16 stone 9lbs.

Enlisting on the Total Programme, where normal eating is replaced by four specially formulated food packs per day, plus weekly counselling sessions, was a daunting prospect. "I was a bit scared because some people had said how extreme it was, that it was drastic," Teresa says. "But I said 'Actually, I'm very unhealthy now at this size'. My blood pressure was getting high and the doctor was talking about putting me on tablets, so I needed to make a change."

The determined mum had a testing start as her body got used to the 600-calorie a day plan. "While the first day was better than I thought, the

second was awful; I think my body was rebelling because I got a really bad migraine and felt shaky, sick and ill. I think it was the withdrawal from the toxins."

However, days later she began to feel much better, buoyed by her end-of-week weigh-in, which indicated she had already shed six pounds. "I was really boosted by that, and actually as the weeks went on I found the sachets were really convenient, particularly with me commuting to London every day for work."

Losing around a stone a month, Teresa recalls lots of wonderful milestone moments on her path back to happiness. "There are a few things that stick out for me; the first pair of long boots I was able to wear. It was amazing to buy those, as I'd always struggled to get them to fit my legs," she enthuses. "And I know it sounds funny but getting normal underwear, not having to buy big granny knickers," she laughs. "Just being able to go into normal shops was fantastic."

With her new-found confidence, Teresa was able to brush aside her body hang-ups and get herself back on the treadmill. "I'd got so big I had stopped going to the gym because I was embarrassed to be seen. But halfway through LighterLife, I felt better about going back."

As she was only consuming limited calories a day on the plan, Teresa was warned to start slowly, and burn no more than 300 calories a time. But a walk on the treadmill or a brief jog gradually built up to running, which became Teresa's surprise new love. "I always used to hate running. I thought I wasn't built for it but actually I was just overweight and that was all it was."

One hundred days into her plan, Teresa could have slowly re-introduced normal foods to her diet but she decided to push on with the packets up to six months, to lose even more. The results showed on the scales with a phenomenal six-stone loss. And when the slimline mum did try 'normal' food again, it was divine. "Everything tasted wonderful; I'd really missed coffee with milk and I found I experimented more with food, using spices and herbs."

Since losing her weight, Teresa has tackled St Neots 10k, two half marathons, and now has Edinburgh Marathon in her sights in May. "I felt quite emotional when I crossed the finish line of my first 10k because it was such an achievement," she smiles. "I run three times a week now, and it's really helped to keep the weight off. I do an extra-long run at the weekend, which means I can enjoy a Sunday roast with the family without feeling too guilty!"

Having hit the elusive size 12, Teresa has treated herself to a whole new wardrobe, and ditched her 'big clothes' forever. "I actually have colour in my wardrobe now!" she smiles.

Besides her svelte figure, Teresa has seen a real change in her relationships. "My husband always loved me the way I was but I can tell that he is happier now I can really be myself," she enthuses. "My children are really happy with their new mummy as well. Everyone in my life has been so supportive – even in the workplace where I have found myself getting more and more involved and speaking up. I've even had a promotion! I wish I'd done LighterLife years ago, because I can't believe how much it has changed my life."

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Living with no regrets

Reporter DEBRA FOX talks to Kirsty Ashman about why she won't let asthma control her life

GETTING into university means freedom for most teenagers.

But what if being away from home made you so ill you had to be hospitalized?

Kirsty Ashman was forced to drop out of studying English at St Mary's University in Twickenham because of the problems caused by her brittle asthma.

She returned home to Haverhill after only one term in London, and dedicated the rest of the year to her recovery.

In September 2010, she started again at Anglia Ruskin.

Kirsty, 22, said: "It was much better because I was closer to home. The commute was manageable, and when I was in hospital I had my family around me."

The 22-year-old's lung function is only at 55 per cent – and she is regularly admitted to hospital.

After being admitted seven times during her time at Anglia Ruskin, she was forced to drop out once again.

"There is only so much you

can do from home," Kirsty explained. "And in the end I realised that I couldn't keep up like that forever."

"Around the time I was beginning to realise that, I had a series of bad attacks, was in intensive care and spent a lot of time in hospital. It kind of made my decision to leave for me."

Kirsty's asthma is largely triggered by allergies so a lot of work has to go on in her home, in Western Avenue, to make it as risk-free as possible.

She said: "We have to Hoover really regularly, damp dust, and be careful with cleaning products because dust and chemicals really set me off."

"I have special anti-allergy bedding too which helps."

Speaking to Kirsty face-to-face, you would never know how much she suffers on a day-to-day basis.

Chatting over a pot of tea, she is bubbly, confident and much like any other woman in her twenties.

However, in order that she could make our meeting,

Kirsty had to clear her diary the day before to make sure she would be well enough to attend.

"Asthma is so dependent on things you can't control," she said. "You can do what you can, but the things that aggravate other people a little bit, aggravate me a lot."

As well as taking "just about every asthma medication there is", Kirsty is on daily steroids, antibiotics and painkillers.

Every morning, the 22-year-old spends 40 minutes taking nebulisers – medications you breathe in using a special machine – and 20 minutes doing chest physio to reduce the risk of infection.

The steroids have caused Kirsty to have diabetes, weak bones and muscle break down.

Despite having to deal with her illness and all of the baggage that comes with it, Kirsty is determined to stay focused on the future and fulfill her dreams of becoming a teacher.

Currently, she is studying biology with the Open



MOVING ON: Kirsty Ashman, pictured at home with her box of various medications

University, and intends to start her teacher training when she is well enough.

She will finish her first year of university education in 2015.

The time she's spent in hospital is invaluable, Kirsty said, because it has helped her learn the value of family and who her real friends are.

"I want to be able to get on with the things I have always wanted to do," said Kirsty.

"I may never get any better than this – I could remain sick or get more sick."

"I could die young from the side effects of the steroids, or have an attack any day that kills me."

"People say that you should live every day as if it's your

last. That's a hard thing to do, so instead, I make the point of living without regrets."

Currently, the 22-year-old is working towards creating mentoring groups for other young people with asthma.

Her work, part of charity Asthma UK, is to create support groups across Haverhill and Cambridge for 18 to 24

year-olds who are suffering too, and want someone to talk to.

She is searching for volunteers to help with co-ordinating the groups and finding out who is interested in attending.

Kirsty, currently the only co-ordinator for the East of England, said: "To start with it is really hard. Try and find people who understand."

"They might not have the same illness as you, but they understand what it's like to be ill."

"There are other people around and you don't have to deal with it by yourself."

If you're interested in helping out, email kirstyashman@hotmail.com

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Haverhill Town Council celebrates its 25th birthday

LOGO badges and a commemorative booklet are just some of the suggestions in the pipeline for a special birthday.

Discussions have begun as to how Haverhill Town Council will celebrate its 25th birthday this year.

The anniversary is in April and at the leisure and community committee meeting on January 20 councillors started putting forward their suggestions.

Will Austin, town clerk, said that the town council was formed in 1989 with two key aims.

He said: "It was set up to provide community activities and events for the people of Haverhill, and to act as a voice for the community."

"I think it's important to mark 25 years of the town



BIRTHDAY CELEBRATIONS: Haverhill Town Council meets at the town's art centre.

council, and reflect its achievements."

Ideas so far include the possibility of creating a reflective booklet on 25 years of the town council and badges with a special logo to honour the milestone.

The annual town meeting and council meeting, both taking place at the end of May, are going to be rolled

into a special night to celebrate the past quarter century.

Mr Austin added: "The town council wants to take this opportunity to look back on the reasons for its creation and look forward to the next 25 years."

Visit haverhill-tc.gov.uk for more information about the council.

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suspension components and all fluids. If any item is not stocked, they have access to up to 20 deliveries a day.

Owner Nathan Coston said: "We would like to think that we can offer the right part, at the right time, at the right price." He continued: "Since the fire last year we have been focusing on making people aware that we are still trading although we don't have a big retail shop area."

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ALL PARTS: Owner Nathan Coston offers a delivery time of just one hour on all stocked items

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Business

How to survive in business

BUSINESSES have been given top tips on how to keep going in the changing marketplace.

John Porter, of Business Improvements, visited the latest meeting of thebestof Haverhill to chat to businesses and individuals about surviving the 'business rollercoaster'.

Mr Porter, who started his own company in 1984, shared suggestions to help businesses stay in the game and succeed.

These included setting specific objectives, carrying out market research to assess the need for your product and broadening your knowledge and expertise.

Visit thebestof.co.uk/Haverhill



IN BUSINESS: John Porter.

Picture: David Doughty

Top class support for local schools

SCHOOLS across East Anglia will benefit from the work of an exciting new company.

Top Class Education, created by Kate Wright, will provide teaching staff to schools and other educational establishments.

Clients of the company, which is supported by Crem Recruitment, Haverhill, can rely on getting staff who have been vetted to the highest standard.

Kate said: "We want to make a difference. We know budgets are tighter than ever before and by giving something back to our schools we can start our journey

DEBRA FOX

in making a difference."

As well as covering longer term positions, Top Class can work to supply emergency cover.

The company is also welcoming approaches from NQT's through to experienced and leadership teachers for positions and placements.

Top Class is part of the Crem Recruitment group.

Tom Mackenzie, managing director of Crem Recruitment, which also has a base in Cambridge, said: "Kate has been

a real asset to Crem over the past two years and we were well aware of her burning desire to return to education recruitment.

"Kate presented a business plan to us that we felt really adds value to a sector that effectively represents our future."

"We believe that with her passion, her team and their level of expertise, Top Class Education will be a roaring success."

For more information, visit topclass-education.org or call 01223 652700.

You can also email teach@topclass-education.org



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IT'S A DOG'S
LIFE: Sarah
Howard's
husky, Alfie

Joining the debate over feeding raw

A GROUP of husky owners have spoken out about the benefits of raw feeding ahead of a Channel 5 programme this evening on dog diets.

Sarah Howard, chair of ONE Haverhill, has always fed raw meat to her two huskies – Alfie, 14 months, and Eva, four months.

She said: "I'd always wanted a husky so when I was finally in a position to get one I did a lot of research. 'I know that they are demanding, need a lot of walking, grooming and attention – more than a normal dog. I had also read that they can have quite sensitive stomachs.'

Raw feeding involves giving the dog real meat, such as mince or chicken, instead of processed kibble and other dog foods.

The Truth About Your Dog's Food will be aired on Channel 5 at 9pm tonight.

Search Haverhill Snow Dogs and Friends on Facebook.

New help on offer to get jobless back into work

A CHARITY which helps people get back to work has been awarded a contract to take care of Suffolk.

Shaw Trust will help people across the county with mental health problems, learning difficulties and autism to find work and become more independent.

The contract, worth £612,000 and valid for two years, will enable the charity to work with local employers, secure work place-

DEBRA FOX

ments and offer guidance and support to those who need it.

Shaw Trust already works alongside a team from Work Choice – a programme designed specifically for people who may find it difficult to find, or keep, a job.

Chantelle Beckett, mental health and employment operations manager, said: "I am delighted to

continue our long established and well embedded presence in Suffolk.

"Shaw Trust believes that each person has the right to employment, inclusion and independence."

Those taking advantage of the new service across Suffolk will have an individual experience tailored to them, addressing their own personal targets.

For more call 01502 527 600.

Open days to be held at college

VISITORS are being invited to explore the campus at West Suffolk College.

There are two open events being held next month – an opening morning on February 1 and an open evening on February 3.

Guests can find out more about courses on offer, as well as

apprenticeships and foundation degrees.

The morning event is from 9.30am-12pm and the evening event will be held from 6.30-8.30pm.

A minibus will run between The Milburn Centre and Out Risbygate.

What's on 22

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Weekend TV 24

Leisure or events news? e-mail debra.fox@cambridge-news.co.uk phone 01353 667916the **GUIDE****Paul Carrack**

SINGER-songwriter Paul Carrack is one of the hardest-working musicians in the business, as evidenced by the announcement of a tour lasting from October to April, writes Martin Hutchinson.

It seems he has the performing bug. "I've had it since I was 16," he tells me, relaxing at his home. "It's in the blood, and it's what I've always done."

And this year seems to be an exceptionally busy one. "Yeah," he says in his distinctive Yorkshire accent. "It has been a busy year; I finished my last UK tour back in March, then I toured America and Europe with Eric Clapton, and since then I've made a new album."

Eric Clapton? "That's right, I've known him for ages and played on a few of his albums and played some gigs with him. He's always real nice and he likes the way I play."

"I don't do a lot 'on the side' since I became more established as a solo act, and he thought I'd be too busy. But he rang me up and I just had to do it."

After years of being in bands, over the last 15 Paul has mainly been a solo act with his own backing band.

"I've got a great band who have mostly been with me for 10 years, and a great crew," he says. "Touring has never been more enjoyable. We have very appreciative audiences and we do it without the aid of a big record company."

Sheffield-born Paul first came to attention in the mid-70s as a member of Ace, whose evergreen hit, *How Long*, was written by him.

From Ace, he moved into the keyboard slot vacated by Jools Holland in Squeeze,

for whom he wrote – and sang lead on – the hit *Tempted*. Then followed a stint in Roxy Music and a place in Mike + The Mechanics, for whom he brought to life songs such as *Silent Running* and *The Living Years*.

As a songwriter, he also co-wrote *I Don't Want To Hear Any More* for the Eagles, among many others. He's always had a soft spot for *How Long* though. "It's endured in a big way," he says. "And I still enjoy performing it."

The show itself will be made up of numbers cherry-picked from Paul's illustrious career. "We try and retain a balance; there's a few songs

that people have the right to expect, like *How Long*, *Living Years* and *Over My Shoulder*, but we have to keep the show fresh for all those who come to many of the shows and for us."

"Beating that in mind, there will probably be four or five off the new album played."

There will be seven on stage for the show, including his son Jack, who is a second drummer.

He spent last summer working on his latest album, *Rain and Shine*, ("Because my voice was 'warmed up' after bring on the Clapton tour, it was in really good nick so I got my head down and did it,"), and, he says: "It's by far and away

the best I've done."

Looking at the tour itinerary, Paul seems to be having a break in February and March with only a few dates in those months ("No, I'll be touring with Clapton in Japan during February,"), and he has nothing set in stone for after the UK tour.

"Give us a chance," he says, laughing. "I hope at some point to be sat in a bar for a while, by the beach maybe."

● Paul Carrack, Cambridge Corn Exchange, Friday, January 31, at 7.30pm. Tickets £28.50-£38.50 from (01223) 357851 or cornex.co.uk

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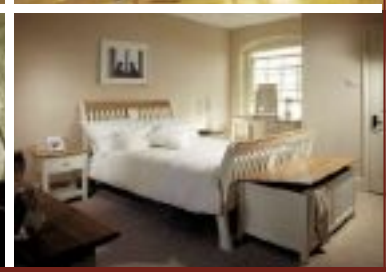
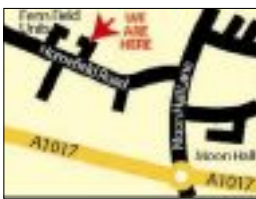
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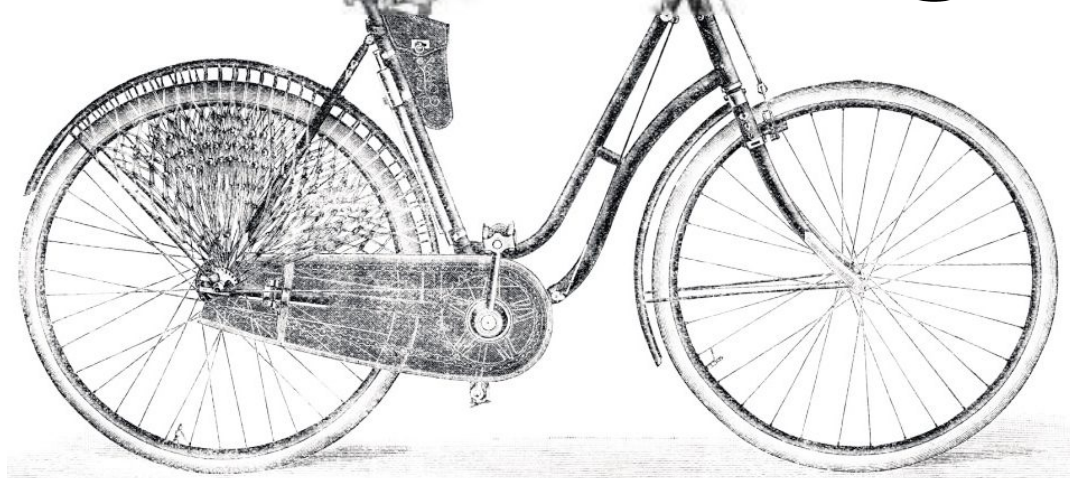
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Blue Stockings



SET in 1896 when women in Britain were voteless, downtrodden, suppressed and considered hysterical threats if blessed with an iota of intelligence and a mouth to prove it, Girton College in Cambridge was the first university to admit them. Good on 'em.

But even then, it was only a handful of bright, brave, intellectual women, and no, they didn't get to graduate.

Writer Jessica Swale's *Blue Stockings* – which is coming to the ADC just months after its first run at The Globe in London – tracks

Principal Elizabeth Welsh and her female first years as they battle for the right to a degree.

They must take on the establishment as well as their entrenched, narrow-minded male peers. Of course, the university experience throws up more problems than whether or not you deserve to be rewarded with a qualification for your hard work... The girls aren't just facing inequality and injustice; they've also got to tackle class division and that troublesome thing, love.

The Telegraph said of *The Globe's* original

production: "Swale tells the story with both wit and a hint of righteous indignation," adding: "There's an effervescent vitality about it."

Will the Cambridge University Amateur Dramatic Club do it justice? Let's hope so.

There will be a pre-show discussion, *Women in Academia*, on Thursday, January 30 at 6pm. ● *Blue Stockings*, The ADC Theatre, Tuesday, until Saturday, February 1 at 7.45pm. Tickets £6 - £10 from (01223) 300085 / adctheatre.com

■ The popular Centre Stage panto *THE PIED PIPER* continues from today until Saturday and the rats are finally on the move. With great songs, energetic dancing and terrible jokes, this is a show for the whole family to enjoy.

■ Following the success of the Bolshoi Ballet's *Sleeping Beauty*, a live performance of *JEWELS* will be broadcast on Sunday at 3pm. Inspired by New York's 5th Avenue famous jewellers, this work of art is a tribute to women and to the cities of Paris, New York and Saint Petersburg.

■ Join us for the apocalypse on Thursday February 6 for the Reduced Shakespeare Company's performance of *THE BIBLE: THE COMPLETE WORD OF GOD* (ABRIDGED), with the three cultural guerrillas setting their reductive sights on the good book. Can bolts of lightning be far behind? It's an affectionate, irreverent rollercoaster ride from fig leaves to Final Judgment as the boys tackle the great theological questions: Did Adam and Eve have navels? Did Moses really look like Charlton Heston? And why isn't the word 'phonetic' spelled the way it sounds? Whether you are Catholic or Atheist, Muslim or Jew, Protestant or Purple People Eater, you will be tickled by the RSC's romp through old time religion. Remember... Someone is watching. See you at 7.30pm...

■ It's good news for all you fans of Neil Sands, he's back with *NASHVILLE NIGHTS AND DIXIE DAYS*, a non-stop journey of over two hours of country classics on Friday February 7 at 7.30pm. Whether you are a fan of 'Old Country's' Johnny Cash, Don Williams and Patsy Cline, or 'New Country's' Gareth Brooks, Alan Jackson and Shania Twain, this

news from

haverhill artscentre
01440 714140

show is for you. Let Neil Sands, the Nashville Nights all Star Band and the fabulous Dixie Dolls take you on a night to remember.

■ Events to watch out for include *HAVERHILL SILVER BAND COMMUNITY BRASS* on Sunday February 16 at 6pm; The Theatre Royal Bury St Edmunds Young Associates bring us *HANSEL AND GRETEL OFF THE SOFA* on Thursday February 20 at 3pm; a funny and magical show for families and children aged four-plus and *LEAVE HITLER TO ME LAD* based on a true story, telling the untold tale of a lost generation of children in the aftermath of the Second World War brought to us by Duckegg Theatre on Saturday February 22 at 7pm.

■ Art historian Roger Simpson returns to the Arts Centre with a series of 10 lectures that explore comic art and satire that lie at the heart of Englishness. You can catch the fourth lecture on Wednesday February 5 at 2pm; the series goes through to Wednesday April 19.

For more details, telephone Sara Phillips or Pam Jones on 01440 714140 or email marketing@haverhillartscentre.co.uk or boxoffice@haverhillartscentre.co.uk

films

HAVERHILL Cineworld

0871 200 2000

Saving Mr Banks [Take 2] (PG): Thu 12.30, 3.45
Mr. Peabody & Sherman [3D] (U): Sat-Sun 12.20, 2.30, 4.40
Mr. Peabody & Sherman (U): Sat-Sun 10.10am, 11.30am
Autism Friendly Screening: Mr. Peabody & Sherman (U): Sun 11am
Dallas Buyers Club - Unlimited Card Screening (15): Mon 8.30
Lone Survivor (15): Fri-Thu 6, 8.45
I, Frankenstein [3D] (12A): Fri 2, 4.20, 6.40, 9; Sat-Sun 6.50, 9.10; Mon-Thu 2, 4.20, 6.40, 9
Jack Ryan: Shadow Recruit (12A): Fri-Sun 12.20, 5.50, 8.30; Mon 12.20, 5.50; Tues-Wed 12.20, 5.50, 8.30; Thu 5
The Wolf of Wall Street (18): Fri-Sat 12.30, 4.15, 8; Sun 12.50 (subtitles Sun), 4.35, 8.20; Mon-Wed 12.30 (subtitles Tues), 4.15, 8; Thu 12.30, 8
12 Years A Slave (15): Fri-Thu 2.15 (subtitles Mon, Thu), 5.15, 8.15
The Railway Man (15): Fri 12.40, 3.20; Mon-Thu 12.40, 3.20
American Hustle (15): Fri-Wed 2.50
Frozen (PG): Sat-Sun 12.30, 3.10
Movies for juniors
Percy Jackson: Sea of Monsters (PG): Sat 10.10am
The Smurfs 2 (U): Sat 10am
West End Theatre Series: Noel Coward's Private Lives (Starring Toby Stephens & Anna Chancellor) (12A): Thu 7.30

HAVERHILL ARTS CENTRE

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Saving Mr Banks (PG): Mon 1.30

CAMBRIDGE Cineworld

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Saving Mr Banks [Take 2] (PG): Thu 12noon, 3.40
Mr. Peabody & Sherman [3D] (U): Sat-Sun 10.20am, 12.30, 1.30, 2.40, 4.50
Mr. Peabody & Sherman (U): Sat-Sun 11.20am, 3.35; Sun 3.35
Autism Friendly Screening: Mr. Peabody & Sherman (U): Sun 11am
Dallas Buyers Club - Unlimited Card Screening (15): Mon 6.30
Lone Survivor (15): Fri-Sat 12.30, 3.20, 6.10, 9.11; Sun-Thu 12.30, 3.20, 6.10, 9
That Awkward Moment (15): Fri-Thu 11.00am, 1.30, 3.50, 6.20, 8.40
I, Frankenstein [3D] (12A): Fri-Wed 2.10, 6.50, 9.20; Thu 2.10, 9.20
I, Frankenstein (12A): Fri-Sat 11.50am, 4.30, 11.30; Sun-Thu 11.50am, 4.30

nowshowing

Jack Ryan: Shadow Recruit (12A): Fri-Wed 1, 3.30, 6, 9.10; Thu 1, 3.30, 6, 8.30
Inside Llewyn Davis (15): Fri 11.15am, 1.40; Sat-Sun 6.30; Mon 11.15am, 1.40, 6.30, 9.15; Tues 11.15am, 1.40; Wed 11.15am, 1.40, 6.30
Gruddle Match (12A): Fri 11.05am, 4.20, 11.20; Sat 11.20; Mon 3.40; Tues-Thu 11.05am, 4.20
August: Osage County (15): Fri 6.30; Sat-Mon 8.30; Tues 6.30; Wed 8.30
The Wolf of Wall Street (18): Fri-Sun 12.10, 4.10, 7, 8; Mon 12.10, 4.10, 8; Tues-Wed 12.10, 4.10, 7, 8; Thu 12.10, 4.10, 8 (subtitles)
Devil's Due (15): Fri-Sat 10.50
12 Years A Slave (15): Fri 11am, 2, 5.10, 8.10; Sat-Sun 2, 5.10, 8.10; Mon-Thu 11am, 2, 5.10, 8.10 (subtitles Mon)
American Hustle (15): Fri 11.30am, 2.30, 5.40, 8.50; Sat-Sun 5.40, 8.50; Mon-Wed 11.30am, 2.30, 5.40, 8.50; Thu 1.05, 4.25
Last Vegas (12A): Fri 1.50; Mon 1.10; Tues-Thu 1.50
The Hobbit: The Desolation of Smaug (12A): Fri 8.30 (subtitles); Sat-Sun 10.45am; Tues 8.30
Frozen (PG): Fri 4; Sat-Sun 10.50am (subtitles Sun), 1.20, 4; Mon-Thu 4 movies for juniors
Percy Jackson: Sea of Monsters (PG): Sat-Sun 10am (subtitles Sun)
The Smurfs 2 (U): Sat-Sun 10.20am
Cloudy With A Chance Of Meatballs 2 (U): Sat-Sun 10am
West End Theatre Series: Noel Coward's Private Lives (Starring Toby Stephens & Anna Chancellor) (12A): Thu 7.30
The Habit Of Art - Nt 50th Anniversary Encore (15) - 2D, AC; Thu 7.30

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Kids am: Cloudy With A Chance Of Meatballs 2 (U): Sat-Sun 10am
Kids am: Cloudy With A Chance Of Meatballs 3 (U): Sat-Sun 10.30am
Seniors The Family (15): Tues 12.10
12 Years A Slave (15, subtitles): Sun 1.20, Tues 7.30
Lone Survivor (15): Fri 1.50, 4.40, 7.45, 10.50; Sat 11am, 1.50, 4.40, 7.45, 10.50; Sun 11am, 1.50, 4.40, 7.45; Mon-Thu 11.50am, 2.40, 5.20, 8.30; Wed 1.50, 4.40, 7.45, 10.50; Thu 11.50am, 2.40, 5.20, 8.30

That Awkward Moment (15): Fri 1, 3.20, 5.50, 8.10, 10.30; Sat-Sun 10.40am, 1, 3.20, 5.50, 8.10; Mon 1, 3.20, 5.50, 8.10; Tues 12noon, 3.20, 5.50, 8.10; Wed 1, 3.20, 5.50, 8.10, 10.40; Thu 1, 3.20, 5.50, 8.10
I, Frankenstein (12A): Fri-Sat 1.10, 3.40, 6, 8.20, 11; Sun-Tues 1.10, 3.40, 6, 8.20, 11; Thu 1.10, 3.40, 6, 8.20
The Armstrong Lie (15): Fri 7.50; Sat 8.40; Sun 5.30; Mon 7.50; Tues 8.20; Wed-Thu 7.50
Mr. Peabody and Sherman 2D (U): Sat-Sun 12.30, 2.50, 5.20
Mr. Peabody and Sherman 3D (U): Sat-Sun 1.30, 3.50, 6.20
Philomena (12A): Tues 5.45
The Wolf of Wall Street (18): Fri 12noon, 3, 7, 8, 10.30; Sat 11am, 3, 7, 10.30; Sun 11am, 3, 7, 8; Mon-Tues 12noon, 3, 7, 8; Wed 12noon, 3, 7, 8, 10.30; Thu 12noon, 3, 7, 8, 10.30; Sat 10.20am, 5.30, 8.50, 10.40; Sun 10.20am, 8.50; Mon 1.40, 4.50, 8.50; Tues 12.20, 2.20, 8.50; Wed 1.40, 4.50, 8.50, 10.40; Thu 1.40, 4.50, 8.50
12 Years A Slave (15): Fri 12noon, 4.30, 7.30; Sat-Sun 1.20 (subtitles Sun), 4.30; Tues 1.20, 4.30, 7.30 (subtitles Tues)
Jack Ryan (12A): Fri 12.20, 2.50, 5.30; Sat 11.30; Sun 8.40; Mon-Thu 12.20, 2.50, 5.30
Mandela: Long Walk To Freedom (12A): Fri 12.50; Mon 12.50; Wed-Thu 12.50
The Hunger Games: Catching Fire (12A): Fri 10.40; Sat 10.30; Wed 10.30
Frozen 2D (PG): Sat-Sun 09.50am, 12.20, 2.50
Gravity 3D (12A): Sat-Sun 3.50
The Railway Man (15): Fri 6.10; Mon-Thu 6.10
Walking With Dinosaurs 2D (U): Sat-Sun 10.50am

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Saving Mr Banks [Take 2] (PG): Thu 12.30, 3.45, 7
Mr. Peabody & Sherman [3D] (U): Sat-Sun 10.30am, 12.40, 1.40, 2.50, 3.50, 5
Mr. Peabody & Sherman (U): Sat 11.30am; Sun 11am, 11.30am
Dallas Buyers Club - Unlimited Card Screening (15): Mon 8.30

Lone Survivor (15): Fri 3.10, 6, 8.50; Sat-Sun 12.20, 3.10, 6, 8.50; Mon-Thu 3.10, 6, 8.50
That Awkward Moment (15): Fri 1.40, 4, 6.20, 8.40; Sat-Sun 6.20, 8.40; Mon-Thu 1.40, 4, 6.20, 8.40
I, Frankenstein [3D] (12A): Fri-Thu 2.10, 6.50, 9.10
I, Frankenstein (12A): Fri 12noon, 4.30; Sat-Sun 12.10, 4.30; Mon-Thu 12noon, 4.30
Jack Ryan: Shadow Recruit (12A): Fri-Wed 12.20, 2.50, 6.30, 9; Thu 6.30, 9
Inside Llewyn Davis (15): Fri 1.20; Mon-Thu 1.20
August: Osage County (15): Fri 1.30; Sun-Thu 1.30
The Wolf of Wall Street (18): Fri-Sun 12.45, 4.50, 7.15, 8.15; Mon 12.45, 4.30, 8.15; Tues-Wed 12.45, 4.30, 8.15; Thurs 12.45, 4.30, 8.15
12 Years A Slave (15): Fri-Sat 2, 5, 8; Sun 10.50am, 2, 5, 8; Mon-Thu 2, 5, 8
American Hustle (15): Fri-Wed 5.20, 8.30
Last Vegas (12A): Fri 4.20; Mon-Thu 4.20
Frozen (PG): Fri 4.05; Sat-Sun 10.40am, 1.20, 1.20, 4.05; Mon-Thu 4.05 movies for juniors
Percy Jackson: Sea of Monsters (PG): Sat-Sun 10am
The Smurfs 2 (U): Sat-Sun 10am
Cloudy With A Chance Of Meatballs 2 (U): Sat-Sun 10am
West End Theatre Series: Noel Coward's Private Lives (Starring Toby Stephens & Anna Chancellor) (12A): Thu 7.30

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Lone Survivor (15): Fri 2.15, 5.20, 8, Sat 2, 8, Sun 12.10, 6.20; Mon 2, 5.20, 8; Tues 2, 8; Wed 2, 8; Thurs 11am, 35.15
August: Osage County (15): Fri 1.50, 7.50; Sat 5, Sun 6.40; Mon 1.50, 7.50; Tues 1.50, 5.20; Wed 1.50, 5; Thurs 7.50
12 Years A Slave (15): Fri 5.10; Sat 12.10, 6.20; Mon 2, 5.20, 8; Tues 2, 8; Wed 2, 8; Thurs 11am, 35.15
The Missing Picture (12A): Tues 8.15
Mr. Peabody & Sherman 3D (U): Sat 2; Sun 1
Picturehouse Pythons, Kids Club: Jumanji (PG): Sat 11am
Toddler Time: Bagpuss (U): Tues 11.30am

film of the week



Lone Survivor (15, 121 mins)
BASED on the true story of a failed Navy SEALs operation to kill a high-ranking member of the Taliban, Lone Survivor is a rousing tribute to the men who perished in June 2005 while serving their country.

Director Peter Berg is no stranger to explosive action and male posturing, having previously helmed *The Kingdom*, *Hancock* and the water-logged 2012 blockbuster *Battleship*.

He is the perfect fit for this gruelling material, delivering a final 30 minutes that will have audiences wincing in horror as four SEALs fling themselves down the Hindu Kush Mountains near the Afghanistan-Pakistan border during a gunfight with the Taliban.

Broken bones jut through shattered limbs and bullets scythe through flesh as the four-strong team continues to fight to the tragic end, aware that their struggles could be in

vain. It's a heroic and harrowing portrait of bravado in combat and the bonds of brotherhood behind enemy lines.

At Bagram Air Base, Marcus Luttrell (Mark Wahlberg), Michael Murphy (Taylor Kitsch), Danny Dietz (Emile Hirsch) and Matt Axelson (Ben Foster) await their assignment. During downtime, they welcome Shane Patton (Alexander Ludwig) into the ranks via an initiation ceremony, which involves dancing in front of the other men and reciting a Navy SEALs mantra.

"No matter how dark it gets, or how far you fall, you are never out of the fight," he barks.

Soon after, Lieutenant Commander Erik Kristensen (Eric Bana) gives the order to hunt Ahmad Shah (Yousuf Azami), who is suspected of killing marines in Afghanistan. The reconnaissance is fatally compromised when three shepherds, two of whom are boys, stumble on the SEALs'

hiding place.

The men argue about whether they should shoot the locals or let them go.

"It's nobody's business what we do up here," argues Axelson. Murphy takes the final decision to let the villagers go and within hours, the SEALs are surrounded by hundreds of gun-toting Taliban.

The title of Berg's film might give away the ending, but *Lone Survivor* still jangles the nerves as Luttrell and co refuse to surrender in the face of overwhelming odds.

Wahlberg, Kitsch, Hirsch and Foster rise to the physical challenge with gusto, propelling themselves around hazardous mountain terrain as the enemy swarms.

But while *Lone Survivor* hits hard in the action set pieces, and leaves us breathless and slightly queasy thanks to brilliant make-up, the film is underpowered when it comes to fleshing out the characters and their back stories.

Forget the spadework

EACH autumn, there's a collective, nationwide groan as gardeners think about the endless digging they'll be doing over winter to improve their soil's condition for the following year.

But Charles Dowding, pictured, renowned market gardener and expert vegetable grower, can offer them some good news.

Over the years, he has conducted many experiments comparing the effect on plant growth of digging with not digging and has found that a 'no-dig' approach is the way to go. It not only saves time and exertion on digging, but also on weeding, because far fewer weeds grow on undisturbed soil.

He insists that growth and quality are improved by simply covering beds with 2.5-5cm (1-2in) of compost over the surface.

"The usual recommendation is to dig or even double dig the soil for growing vegetables," he says. "Because this is repeated so many times, most gardeners accept the task without wondering if it is really necessary. In fact, there is no need to dig at all."

Initial clearance of weedy and grassy ground can mostly be achieved with mulches (such as

cardboard and compost) and some digging out of woody plants, then you can maintain the plot by weeding regularly. Surface compost weathers to a soft mulch over winter and can be directly sown or planted into, he adds.

"Soil does not need to be mixed, stirred, scraped or tickled. Only large lumps of organic matter on top require some knocking around with a fork or rake to create an even surface, mostly in winter and spring."

Dowding has run an experiment since 2007 to understand the effect on soil of digging and not digging, comparing growth of the same vegetables growing side by side in dug and undug beds.

"In the absence of digging, I have found that harvests are as high, sometimes higher, while some extra quality of growth on undug soil may be apparent."

"Soil in the undug beds, with compost on its surface, is well-drained, retains more moisture in dry springs and grows fewer weeds and stronger vegetables, especially at the start of the season," he explains in his new book *Veg Journal*, which



offers month-by-month no-dig advice.

A key point in the no-dig approach is that undug soil is firm, which is not the same as compacted; roots have freedom to travel and are well-anchored at the same time.

"Fertility is enhanced by an increase of undisturbed soil life, which mobilises nutrients and helps plant roots to access them," he continues. "This is most noticeable in early spring, when growth on undug soil is generally faster by comparison with dug soil, whose fertility, in terms of soil life, is still recovering from the winter digging."

In experiments he found that during spring and early summer, many vegetables on the dug beds, especially radish, onions and spinach, started growing more slowly, and that in the undug beds the leaves of spinach and lettuce were thicker

and glossier, the radish roots were shinier and the onions had a deeper colour.

He says that firm soil is often wrongly labelled as 'compacted', yet soil which has been mechanically loosened and fluffed up is not stable, which is why you have to walk on planks after digging heavy soil to avoid compaction.

Compacted soil is squishy when wet, rock-like when dry, contains few or no worm channels, is hard to crumble in your hand and may smell sulphurous because of lack of oxygen. It usually happens in the top 15-20cm (6-8in) of the surface and if it does, he advises adding plenty of organic matter.

He concludes: "My advice is simple: disturb your soil as little as possible."

■ Charles Dowding's *Veg Journal* is published by Frances Lincoln on February 6, priced £14.99.



by Hannah Stephenson

puzzles

ACROSS

7. Adopts a new stance and establishes law (6)
8. Went one better - made an international (6)
10. One glass and he fails to stand up (7)
11. Clipped a piece from the intersection (5)
12. The right writing material for a slippery surface (4)
13. To be of use as part of a bridal outfit, by the sound of it (5)
17. Deceptive movement not clearly seen, we hear (5)
18. Very small, soft cry (4)
22. Take steps to show tyre marking (5)
23. No particular date for transforming an amenity (7)
24. Measures acting as restraints (6)
25. The one who pulls out the ticket returns for the prize (6)

DOWN

1. An ash-tree badly affected by the elements (7)
2. Train me to change gear (7)

			2	3				
	1	9			5			8
5	4		1		8	6		
		3			1		4	
2					6			9
	5		7					
		8	3		4		7	2
	2		8			3	5	
	3			1	2			4

crossword

3. See 19 Down.
4. Barker, when pleased, will do this for a bird! (7)
5. Not connected with a stage role (5)
6. Seed scattered round the end of flowering borders (5)
9. Supply conclusive evidence the clan altered French dialect (9)
14. The road to the cemetery? (4-3)
15. One faced with a big bill (7)
16. Disseminates advertisement in press arrangement (7)
- 19 & 3Dn. Cattle even now not moving (5-5)
20. This makes part of a rose paler (5)
21. We hear they're unbelievable instruments (5)

Last week's answers: Across: 1 Copal; 4 Recipes; 8 Overall; 9 Scion; 10 Eyes; 11 Hesitate; 13 Ruth; 14 Tree; 16 Remained; 17 Apes; 20 Ennui; 21 Charade; 22 Sledges; 23 Heels. Down: 1 Close quarters; 2 Piece; 3 Loaf; 4 Roller; 5 Cashiers; 6 Private; 7 Senselessness; 12 Striking; 13 Romance; 15 Fences; 18 Plane; 19 Oath.

sudoku

Last week's answer:

8	2	1	9	6	4	3	7	5
4	7	3	8	5	2	1	6	9
6	5	9	1	3	7	4	8	2
7	8	5	4	9	6	2	1	3
1	3	6	2	8	5	7	9	4
9	4	2	7	1	3	6	5	8
5	1	7	3	2	8	9	4	6
3	9	8	6	4	1	5	2	7
2	6	4	5	7	9	8	3	1

1		2		3			4		5		6
7							8				
						9					
10								11			
12						13					
						14				15	16
						17				18	
19		20							21		
22								23			
24									25		

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters

niner

1		2		3		4		5		6		7		8		9
---	--	---	--	---	--	---	--	---	--	---	--	---	--	---	--	---

The clues

562
479923
8123429

gives beer
gives more beer
gives a soft drink

Last week's answer:
INCUBATES

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Sunday 2 February • 3.00pm
 The Bolshoi Ballet, live broadcast

Jewels
 Thursday 6 February • 7.30pm
 The Reduced Shakespeare Company present
The Bible – The Complete Works of God
 (Abridged)

Thursday 13 February • 7.00pm
 NT Live live broadcast
Coriolanus

Thursday 20 February • 3.00pm
 The Theatre Royal Bury St Edmunds
 Young Associates present
Hansel and Gretel off the Sofa

Saturday 22 February • 7.00pm
 Duckegg Theatre present
Leave Hitler to Me Lad

Friday 28 February • 8.00pm
Limehouse Lizzy

CINEMA
 Monday 3 February • 1.30pm
Saving Mr Banks (PG)

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the GUIDE SATURDAY

BBC1

6.00am Breakfast. 10.00 Saturday Kitchen Live. 11.30 Food & Drink. 12.00pm Football Focus. 12.45 Saturday Sportsday. 1.00 BBC News; Regional News; Weather. 1.15 Bargain Hunt. 2.00 Live Six Nations Rugby Union. Wales v Italy (Kick-off 2.30pm). 4.30 Live Six Nations Rugby Union. France v England (Kick-off 5.00pm). 6.55 BBC News; Regional News; Weather. 7.10 The Voice UK. The fourth round of the chair-spinning singing contest. Emma Willis and Marvin Humes are backstage with the contestants' families. 8.30 The National Lottery: Who Dares Wins. Nick Knowles hosts the game show in which strangers pair up to win money. Including the Lotto and Thunderball draws, with Kate Garraway. 9.20 Casualty. Rita helps a rape victim gain the courage to press charges. 10.10 BBC News; Weather. 10.30 Match of the Day. Including highlights of Newcastle United v Sunderland; National Lottery Update. 11.55 The Football League Show. Highlights of today's games in the Championship, League One and League Two. 1.15am Weatherview. 1.20 BBC News.

BBC2

6.00am This Is BBC2. 6.35 FILM: Enchanted April (1935). Romantic comedy drama, with Ann Harding and Frank Morgan. 7.40 FILM: The Maggie (1954). Ealing comedy, with Paul Douglas. 9.10 Life on Earth. 11.00 Fred Dibnah's Made in Britain. 11.30 Great British Railway Journeys. 12.00pm The A to Z of TV Cooking. 12.45 The Good Cook. 1.15 The Big Bread Experiment. 2.15 FILM: Anchors Aweigh (1945). Musical, starring Frank Sinatra and Gene Kelly. 4.30 Final Score. 5.15 Coast. 6.00 Vultures: Beauty in the Beast – Natural World. Charlie Hamilton James shows a different side to the much-maligned bird. 7.00 Flog It! From Warminster in Wiltshire. 8.00 Dad's Army. Captain Mainwaring's men acquire a boat. 8.30 QI XL. With Jo Brand, Liza Tarbuck and Sue Perkins. 9.15 FILM: Made in Dagenham (2010). The female employees of a 1960s British car firm lead a national strike, demanding the right to equal pay. Fact-based comedy drama, starring Sally Hawkins. 11.00 Live Davis Cup Tennis. USA v Great Britain. 1.00am FILM: Comfort and Joy (1984). Crime comedy, starring Bill Paterson. 2.40 This Is BBC2.

ITV

6.00am CITV. 9.25 ITV News. 9.30 Dinner Date. 10.30 Murder, She Wrote. 11.30 ITV News and Weather; Weather. 11.45 The Crocodile Hunter Diaries. 12.40pm FILM: Charade (1963). Romantic thriller, with Audrey Hepburn and Cary Grant. 2.50 Midsomer Murders. 4.50 FILM: Johnny English (2003). Spy comedy, starring Rowan Atkinson. 6.25 ITV News Anglia; Weather. 6.35 ITV News and Weather. 6.50 Splash! The first semi-final of the celebrity diving competition. 8.20 Take Me Out. A football coach, a student, a carpet cleaner and a plumber take part in the dating show. 9.35 The Jonathan Ross Show. Taken star Liam Neeson talks about his new action thriller Non-Stop and Peter Andre discusses the latest addition to his family. Plus, actress Goldie Hawn and music by Pixie Lott. 10.35 ITV News and Weather; Weather. 10.50 FILM: Bloody Sunday (2002). Fact-based drama recalling the events when British soldiers opened fire on a parade in Londonderry in 1972, killing 13 unarmed civilians. With James Nesbitt and Nicholas Farrell. 12.55am Jackpot247. 3.40 Ladette to Lady: Australia. 3.45 ITV Nightscreen.

CHANNEL 4

6.10am The Hoobs. 7.00 Trans World Sport. 8.00 The Morning Line. 9.00 Everybody Loves Raymond. 9.30 Frasier. 10.00 The Big Bang Theory. 11.00 How I Met Your Mother. 12.00pm The Simpsons. 12.35 Undercover Boss USA. 1.30 Channel 4 Racing. Live coverage from Sandown Park, Ffos Las and Wetherby. 3.55 Come Dine with Me. 6.30 Channel 4 News. 7.00 Speed with Guy Martin. The racing fan builds a prototype toboggan and heads to the Pyrenees, where he attempts to break the record for the world's fastest gravity-powered sled. Last in the series. 8.00 Bigfoot Files. Mark Evans meets people who claim to have spotted a sasquatch. 9.00 Hostages. Ellen and Brian come up with an escape plan, while Duncan's wife Nina tells him she wants to stop her gruelling chemotherapy treatment and spend the rest of her time at home. 10.00 FILM: Priest (2011). Premiere. Fantasy thriller, starring Paul Bettany. 11.45 FILM: 28 Weeks Later (2007). Horror sequel, starring Robert Carlyle. 1.30am FILM: Street Kings (2008). Crime drama, starring Keanu Reeves. 3.15 Hollyoaks. 5.15 Deal or No Deal.

CHANNEL 5

6.00am Milkshake! 10.00 FILM: Bewitched (2005). Romantic fantasy comedy, with Nicole Kidman and Will Ferrell. 12.00pm FILM: Blue Streak (1999). Comedy, starring Martin Lawrence. 1.45 Diagnosis Murder. 2.45 FILM: Columbo: Make Me a Perfect Murder (1978). Crime drama, starring Peter Falk. 4.45 FILM: Columbo: A Friend in Deed (1974). Crime drama, starring Peter Falk. 6.40 5 News Weekend. 6.45 NCIS. McGee tries to help his sister, who believes she may have murdered someone. 8.30 The NCIS Movie: War on Terror. Feature-length episode. Gibbs and the team are called in to help identify US marines among the wreckage of a military aircraft transporting their bodies back home. 10.10 FILM: The Contract (2006). A retired cop stumbles across a fugitive in the woods and tries to return him to custody, but the criminal's henchmen intervene. Thriller, starring John Cusack. 12.10am SuperCasino. 3.05 Botched Up Bodies. 4.00 Wildlife SOS. 4.25 Make It Big. 4.50 The Funky Valley Show. 5.00 Angels of Jarm. 5.05 Hana's Helpline. 5.20 Angels of Jarm. 5.25 The Funky Valley Show. 5.40 Hana's Helpline.



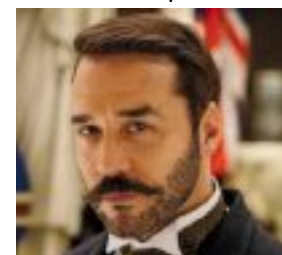
The Voice UK,
 Saturday, BBC1, 7.10pm



Hostages,
 Saturday, Channel 4, 9pm



Top Gear,
 Sunday, BBC2, 8pm



Mr Selfridge,
 Sunday, ITV, 9pm

SUNDAY

BBC1

6.00am Breakfast. 7.30 Match of the Day. 9.00 The Andrew Marr Show. 10.00 The Big Questions. 11.00 Sunday Politics. 12.15pm MOTD2 Extra. With Mark Chapman and the Match of the Day team. 1.00 BBC News; Weather. 1.15 Bargain Hunt. 1.45 The Indian Doctor. 2.30 Live Six Nations Rugby Union. Ireland v Scotland (Kick-off 3.00pm). 5.00 Songs of Praise. 5.35 BBC News; Regional News; Weather. 6.00 Fake or Fortune? 7.00 Countryfile. Matt Baker visits Witely Court estate, Worcestershire. 8.00 Call the Midwife. A routine check-up leads to heartache for Shelagh. 9.00 The Musketeers. The soldiers are sent to arrest a crooked merchant trader. 10.00 BBC News; Regional News; Weather. 10.25 A Tribute to Roger Lloyd Pack. A celebration of the life of the comedy actor. 10.35 Only Fools and Horses. 11.10 Who Do You Think You Are? USA. Supermodel Cindy Crawford traces her father's family back to England. 11.50 FILM: Breaking and Entering (2006). Drama, with Jude Law and Juliette Binoche. 1.45am Weatherview. 1.50 BBC News.

BBC2

6.00am This Is BBC2. 6.05 FILM: The Whip Hand (1951). Action adventure, starring Elliott Reid. 7.25 FILM: I'm All Right Jack (1959). Satirical comedy, starring Ian Carmichael and Peter Sellers. 9.10 Countryfile. 10.05 Saturday Kitchen Best Bites. 11.35 The A to Z of TV Cooking. 12.20pm The Good Cook. 1.20 FILM: Funny Girl (1968). Musical biopic of Fanny Brice, starring Barbra Streisand. 3.45 Escape to the Country. 4.45 Inspire: The Olympic Journey. 5.15 Ski Sunday. 6.00 Dan Snow's History of the Winter Olympics. The historian examines 90 years of the Games. 7.00 Flog It! Kate Bateman and Adam Partridge value items in the spa town of Malvern, Worcestershire. 8.00 Top Gear. New series. Older hot hatches are put to the test. 9.00 Dragons' Den. A former Team GB triathlete pitches an innovative sports recovery drink. 10.00 The Route Masters: Running London's Roads. Efforts to cut crime across the network. Last in the series. 11.00 Live Davis Cup Tennis. USA v Great Britain. 1.00am Sign Zone: Countryfile. 2.00 Sign Zone: Holby City. 2.55 This Is BBC2.

ITV

6.00am CITV. 9.25 Dickinson's Real Deal. 10.20 Murder, She Wrote. 11.20 ITV News and Weather; Weather. 11.25 Inside the National Trust. 12.25pm The Crocodile Hunter Diaries. 1.25 Catchphrase. 2.10 Splash! 3.40 FILM: Goldfinger (1964). James Bond adventure, starring Sean Connery. 5.50 ITV News Anglia; Weather. 6.00 ITV News and Weather. 6.15 Dancing on Ice. 7.45 All Star Family Fortunes. With Benidorm's Janine Duvitski and Radio 1 DJ Scott Mills. 8.30 Dancing on Ice: The Skate Off. One celebrity hangs up their skates for good. 9.00 Mr Selfridge. Loxley promises Harry he can get Winston Churchill to open the exhibition. 10.00 ITV News at Ten and Weather; Weather. 10.15 Birds of a Feather. Tracey has Botox injections. 10.45 Piers Morgan's Life Stories: Martin Kemp. The actor and musician looks back over his life and career. 11.45 Anglo-Welsh Cup Rugby Union. Highlights of the concluding pool matches. 12.40am The Store. 2.45 The Jeremy Kyle Show USA. 4.05 ITV Nightscreen. 5.05 The Jeremy Kyle Show.

CHANNEL 4

6.10am The Hoobs. 7.00 Everybody Loves Raymond. 7.25 Frasier. 8.25 The Taste. 9.30 Sunday Brunch. 12.30pm The Big Bang Theory. 1.25 How I Met Your Mother. 2.25 The Simpsons. 3.30 FILM: Eragon (2006). Fantasy adventure, starring Ed Speleers. 5.30 Deal or No Deal. 6.30 Channel 4 News. 7.00 Jamie and Jimmy's Friday Night Feast. Jamie Oliver presents shellfish recipes, Jimmy Doherty prepares his own charcuterie and guest Kirstie Allsopp rustles up Indian street food. 8.00 Scandimania. New series. Hugh Fearnley-Whittingstall explores the attractions and culture of Scandinavia, starting his adventure in Sweden, where he meets Abba's Björn Ulvæus. 9.00 The Jump. After weeks of training, the remaining stars reach the semi-final and the pressure is on to avoid the last ski jump before the finale. Davina McCall and Alex Brooker present. 10.30 The Super Bowl: American Football Live. Denver Broncos v Seattle Seahawks (Kick-off 11.25pm). 3.00am According to Jim. 3.45 Phil Spencer: Secret Agent. 4.40 River Cottage Bites. 4.50 Deal or No Deal. 5.45 Baking Mad with Eric Lanlard.

CHANNEL 5

6.00am Milkshake! 10.00 Power Rangers: Super Samurai. 10.35 Power Rangers: Megaforce. 11.00 Access. 11.10 Building the London Underground. 12.10pm Ice Road Truckers. 1.10 Ben Fogle: New Lives in the Wild. 2.10 Police Interceptors. 3.10 FILM: Dr Doolittle 2 (2001). Comedy sequel, starring Eddie Murphy. 4.50 FILM: Willy Wonka & the Chocolate Factory (1971). Musical fantasy, with Gene Wilder. 6.55 5 News. 7.00 FILM: Arachnophobia (1990). A doctor with a fear of spiders discovers his small Californian town is infested with a horde of deadly venomous arachnids. Comedy horror, starring Jeff Daniels. 9.00 FILM: Drag Me to Hell (2009). A bank employee is cursed to suffer a series of misfortunes, and has to break the spell in three days before a demon takes her to Hell. Horror, with Alison Lohman and Justin Long. 10.55 FILM: The Matrix (1999). Sci-fi action thriller, starring Keanu Reeves. 1.35am SuperCasino. 3.05 Gibraltar: Britain in the Sun. 4.00 Wildlife SOS. 4.25 Make It Big. 4.50 The Funky Valley Show. 5.00 Angels of Jarm. 5.10 Hana's Helpline. 5.20 Angels of Jarm. 5.25 The Funky Valley Show. 5.40 Hana's Helpline.

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Haverhill
WEEKLY NEWS

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PROPERTY NEWS

January 30, 2014

The area's number one for property for sale and to rent



Feature Homes - page 35

What's hot on the property market

Balmforth

Estate Agents, Valuers & Letting Agents

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rightmove.co.uk



ABINGTON PLACE

A SPACIOUS MODERN TERRACED HOUSE OFFERED FOR SALE TO INVESTMENT BUYERS ONLY WITH TENANT IN SITU

- 3 Bedrooms
- Large lounge
- Separate dining room
- Cloakroom
- Double glazed



CASTLE LANE

A TERRACED FAMILY HOME, LOCATED WITHIN A CONVENIENT POSITION FOR THE TOWN CENTRE AND OFFERED WITH NO ONWARD CHAIN

- 3 Bedrooms
- Double glazed
- Kitchen/dining room
- Cloakroom/Shower room
- Family bathroom
- Off Road parking



GLEMSFORD

A SEMI DETACHED PROPERTY, NICELY POSITIONED WITHIN A SMALL CUL DE SAC AND OFFERED WITH NO ONWARD CHAIN

- 2 Bedrooms
- Double glazing
- Kitchen/breakfast room
- Gas radiator heating
- Parking to side
- EPC grade D



COUPALS CLOSE

A SUPERB OPPORTUNITY TO PURCHASE THIS FIRST FLOOR FLAT, BEING SOLD WITH TENANT IN SITU AND OFFERED TO INVESTMENT PURCHASERS ONLY

- 1 Bedroom
- Double glazed
- Lounge
- Kitchen
- Electric heating
- EPC grade C

WANTED

We urgently require more properties to sell due to the high volume of sales we are currently enjoying.

If you would like a free valuation with no obligation then

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CLICK:

balmforthhav@talk21.com

OR COME IN



FRYTH CLOSE

A NICELY POSITIONED, SEMI DETACHED BUNGALOW, LOCATED ON THE POPULAR BOYTON HALL DEVELOPMENT WITH THE BENEFIT OF A LARGE WESTERLY FACING REAR GARDEN AND EXTENDED ACCOMMODATION

- 3 Bedrooms
- Double glazed
- Lounge/dining room
- Shower room
- Garage and drive



CHIVERS ROAD

A NICELY POSITIONED, DETACHED, FAMILY HOME BENEFITTING FROM SPACIOUS ACCOMMODATION WITH DOUBLE GARAGE AND OFFERED WITH NO ONWARD CHAIN

- 4 Bedrooms, ensuite to master
- 2 Reception rooms
- Kitchen/breakfast room
- Utility room
- Cloakroom
- Double garage



GREEN ROAD

A SMART WELL LAID OUT APARTMENT WITH AN ENJOYABLE OUTLOOK, MAKING AN IDEAL FIRST TIME PURCHASE OR INVESTMENT, WITH ACHIEVABLE RENT OF £650 PCM

- 2 Bedrooms, ensuite to master
- Double glazed
- Open plan lounge/kitchen
- Integrated appliances
- EPC grade B



LARKS CLOSE

A WELL PRESENTED MODERN SEMI-DETACHED FAMILY HOME HAS AMPLE OFF ROAD PARKING AND LANDSCAPED GARDENS, NICELY SITUATED WITHIN THE CUL DE SAC

- 3 Bedrooms
- Double glazed
- Refitted kitchen & bathroom
- Cloakroom
- NO ONWARD CHAIN

team

Email: haverhill@balmforth.co.uk
12 High Street, Haverhill, CB9 8AR

Balmforth

Estate Agents, Valuers & Letting Agents

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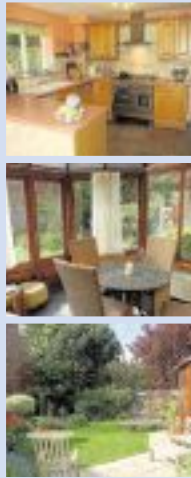


STEEPLE BUMPSTEAD

AN IMPRESSIVE FAMILY HOME WHICH IS TUCKED AWAY IN THE CORNER OF A PRIVATE ROAD WITH BEAUTIFULLY MATURE GARDENS

- 4 Double bedrooms, ensuite to master
- 3 Spacious reception rooms
- Kitchen/breakfast room
- Cloakroom
- Conservatory
- EPC grade D

£350,000



OLD CLEMENTS LANE

A RARE BUILDING OPPORTUNITY PROVIDED BY A TRIANGULAR PLOT

From the application SE/12/1090/FUL the site was granted permission as of the 22nd November 2012, for the erection of one detached two storey dwelling and one end terrace dwelling together with two parking spaces.

£95,000



DOVEHOUSE ROAD

A SPACIOUS AND WELL PRESENTED DETACHED HOUSE IN A NON ESTATE LOCATION

- 4 Double bedrooms• Kitchen & utility room
- Lounge & dining room• Study• Double garage• EPC grade D

£275,000



WATERS EDGE

A WELL PRESENTED MODERN MAISONNETTE, LOCATED WITHIN THE POPULAR WATERS EDGE DEVELOPMENT

- 2 Double bedrooms• Double glazed• Good size lounge/dining room
- Allocated parking• Viewings highly recommended• EPC grade C

£132,000



NORTON ROAD

A LOVELY, WELL PROPORTIONED AND WELL PRESENTED ONE BEDROOM HOUSE, IDEALLY SUITED FOR INVESTMENT OR FIRST TIME BUYERS

- 1 Bedroom• Double glazed• Good size lounge
- Modern kitchen/dining room• Electric heating• EPC grade E

£110,000

• PROPERTIES TO RENT •



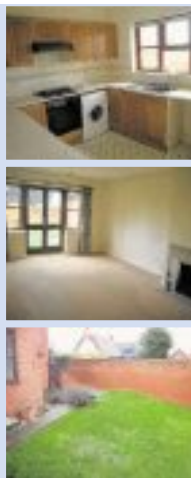
CASTLE CAMPS

AVAILABLE NOW

Located in this highly regarded Cambridgeshire village, this unfurnished property has accommodation comprising three reception rooms, kitchen and cloakroom, there are four first floor bedrooms and bathroom. Gardens, garage and further parking.

EPC grade D

£950 PCM ★



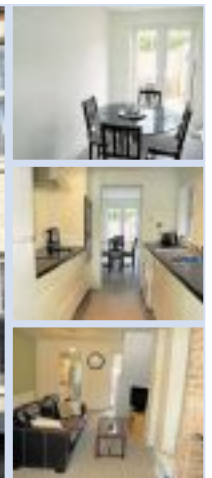
DUDDERY ROAD

AVAILABLE NOW

Close to the town centre this unfurnished house offers accommodation comprising good size lounge, dining room, kitchen with integral appliances, bathroom, two first floor bedrooms and a third bedroom/dressing room off bedroom one. Courtyard garden

EPC grade D

£625 PCM ★



*TENANT FEES NOT INCLUDED IN RENT

£90 inclusive of VAT Application Fee per Adult

There are no additional fees for credit checks, inventories, check in or check out or renewals.

HAVERHILL 01440 768668



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Past Success Leads to New Location

Following four Successful years in Station Road we have made the decision to relocate to a more central part of the town. We feel the reason behind our success is due to the fact that we are an Independently "Family" run business which enables us to be flexible with the decisions we make for and on behalf of our clients. This combined with 40 years experience of residing in the area has been the key to our success. It was a case of finding the right location and we are pleased to announce that we will be moving into the former "Haverhill Weekly News" offices at No 4 Queen Street. Refurbishment of the offices will begin immediately and we will be opening the offices at the beginning of April 2014.

We have expanded our team and are pleased to be able to offer and support the opportunity for young people to join us as trainee Estate Agents. Morris Armitage is a partnership and since opening our first office in Newmarket back in 2002 the growth has been rapid with a clear focus based on service and professionalism. We have taken the decision to recruit our staff from school, college, or university. They are set a full course schedule taking them through all aspects of property sales and management with the hope that the success they achieve will enable them to eventually manage their own office and become a partner which we have achieved in our other branches.

Our presence in East Anglia has grown organically since the opening of Newmarket in 2002 and we now offer our services at branches in Cambridge, Burwell, Downham Market, Kings Lynn, Haverhill, Kedington and soon to be open in Bury St Edmunds.

In addition to our current Sales and Property Management services we will be offering all our clients the services of our dedicated in house Financial Advisor. With over 25 Years experience "Dave Freeman" has worked successfully alongside the team in Haverhill for the past two years. Dave is a Senior Financial Advisor with Bright Advice and will be available at our offices or happy to visit you at home to offer a wide range of Mortgage advice and financial services.

I would like to take this opportunity to thank all our Clients and friends for their support and recommendations over the past four years and wish you all a Happy and prosperous New Year.

Director and Partner Chris Jai-Bahadur

Please feel
free to drop in
for advice at any
time or call our
offices on
01440 768668



Chris Jai-Bahadur
Director/Partner
chris@morrisarmitage.co.uk



Beckie Jai-Bahadur
Director/Partner
beckie@morrisarmitage.co.uk



Danielle Eady
Assistant Lettings Manager
lettings@morrisarmitage.co.uk



Katherine Suffell
Trainee Estate Agent
katherine.suffell@morrisarmitage.co.uk



Luke Jenkins
Trainee Estate Agent
luke.jenkins@morrisarmitage.co.uk



Dave Freeman
Senior Financial Advisor
d.freeman@brightadvice.co.uk

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MA
Morris Armitage**CLARE £299,500****NEW**

A modern four bedroom detached family home located in the sought after market town of Clare. Fully enclosed rear garden and single garage. Viewing is highly recommended.

HAVERHILL £159,950**NEW & SOLD**

NEW AND SOLD WITHIN 48 HOURS.
FULL ASKING PRICE ACHIEVED.
A two bedroom semi-detached bungalow. No onward chain.

HAVERHILL £180,000**NEW & SOLD**

NEW AND SOLD WITHIN 24 HOURS.
FULL ASKING PRICE ACHIEVED.
A spacious three bedroom terraced property.

HAVERHILL £240,000

A superbly renovated two bedroom bungalow is being offered for sale with no onward chain. South facing rear garden and garage. Vacant possession. Viewing recommended.

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HAVERHILL £218,500

A spacious three bedroom semi-detached family home located on the Boyton Hall Development. With a fully enclosed rear garden and Garage. Viewing is highly recommended.

HAVERHILL £725**NEW**

A beautifully presented three bedroom terraced property located on the outskirts of the Chalkstone Development. Available beginning of March 2014. Viewing recommended.

HAVERHILL £800**NEW & LET**

NEW AND LET WITHIN 24 HOURS.
A well presented three bedroom semi-detached property located on the Cambridge side of town.

MORRIS ARMITAGE HAVERHILL

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FOR AWAITING TENANTS**

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ADVANTAGE OF OUR
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ESTATE AGENTS - LETTINGS - PROPERTY MANAGEMENT



NO CHAIN

EPC AWAITED



Ross Close

£194,995

IN NEED OF SOME MODERNISATION, Situated close to Haverhill Town Center and offering versatile accommodation is this 2/3 bedroom Bungalow with 1/2 reception rooms, set on a good size plot on the Bury side of town. Features include Gas fired radiator heating, and uPVC double glazed windows.



NO CHAIN

EPC C

Hales Barn Road

£195,000

A modern 3 bed townhouse situated on the Cambridge side of town, with generous accommodation of over 1100 sq ft, arranged over three floors, offered with no onward chain. Features include double glazing and gas fired radiator heating. With accommodation comprising, entrance hall, family room, kitchen/dining room, and cloakroom, lounge, master bedroom with en suite.



EPC D

Woods Close, Sturmer

£335,000

5 bedroom detached home in Sturmer. The property's many features include a double garage and hot tub in the rear garden. There is gas fired radiator heating and double glazed windows.



NEW

EPC AWAITED

Honeysuckle Close

£155,000

A well presented two bedroom semi detached home situated on the Cambridge side of the town. Features include gas fired radiator heating and uPVC double glazing. The accommodation comprises of: entrance hall, lounge, kitchen, two bedrooms and a bathroom. Outside there is a driveway to the front and enclosed gardens to the rear.



EPC D

Eden Road

OIEO £110,000

Located within a conservation area, a short walking distance to the town centre in Haverhill is this well presented 1/2 bedroom Victorian terrace property.



EPC C

Parr Road

Offers Over £170,000

We at CXG are delighted to offer for sale this beautifully presented 3 bedroom family home situated on the Cambridge side of town.



SOLD

Mallow Walk

OIEO £140,000

SOLD STC

Similar properties urgently required for waiting buyers.



EPC D

Moneypiece Close

OIEO £235,000

Well presented 4 bedroom family home situated on the popular Hales Barn estate. Accommodation includes integrated fitted kitchen, Garage with drive, and uPVC double glazed windows.



EPC C

Parr Road

£180,000

A modern 3 bedroom home situated on the Cambridge side of town. Features include, En suite to master bedroom, a ground floor cloakroom and fitted kitchen with integrated appliances.



Your Local Agent

Bychoice

ESTATE AGENTS

Sales Agreed On All These Properties Between 1st - 24th January 2014



If you are looking to sell your home,
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Clare
01787 278890

Haverhill
01440 768919

Hadleigh
01473 828280

Sudbury
01787 468400

Bychoice

ESTATE AGENTS

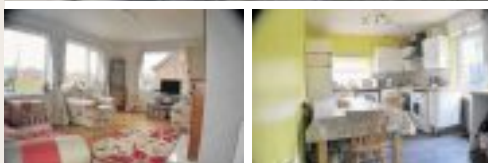


Haverhill

£159,995

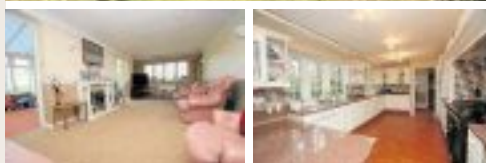
Bychoice are delighted to offer this well presented 2 bedroom terrace house on the Cambridge side of town. The property benefits from sunny rear garden, fitted kitchen, spacious lounge, conservatory & garage. This an ideal purchase for the first time buyer or investor.

Haverhill Office - 01440 768919



Haverhill £215,000
2 bedroom semi detached bungalow in close proximity to the town centre. The property has been refurbished throughout & benefits from off street parking, large sunny rear garden. NO ONWARD CHAIN.

Haverhill Office - 01440 768919



Stansfield £349,995
4 Bedroom detached chalet with annexe potential, 2 bathrooms & a shower room, 3 reception rooms, conservatory, kitchen breakfast room, utility room, tandem garage & parking.

Clare Office - 01787 278890



Belchamp St Paul £385,000
A charming & well presented 4 bedroom Victorian detached cottage retaining many of the original character features. Situated on the outskirts of the picturesque and popular village of Belchamp St Paul, set within delightful gardens with garage and parking and farmland views to the front. (EPC - D)

Clare Office - 01787 278890



Chevington £285,000

Situated in a quiet close, a detached 3 bedroom house offering good sized accommodation on a generous plot. The property enjoys field views to the rear & a green outlook to the front.

Clare Office - 01787 278890



Haverhill £349,995

Detached house in Haverhill. The property benefits from spacious living accommodation, 4 well proportioned bedrooms with ensuite to master & second bedrooms, garage. (EPC - C)

Haverhill Office - 01440 768919



Cavendish £275,000

A 2/3 bedroom detached period cottage retaining character features & a modern fitted kitchen & bathroom. Versatile living accommodation, garden & parking. Viewing advised.

Clare Office - 01787 278890



Clare £500,000

A rare opportunity to purchase a residential & part commercial property occupying a prominent position within the centre of the thriving town of Clare. NO ONWARD CHAIN.

Clare Office - 01787 278890



Haverhill £275,000

4 bedroom detached house. The property is presented in excellent order and internal viewing is highly recommended to fully appreciate.

Haverhill Office - 01440 768919



Haverhill £299,995

Bychoice are delighted to offer this impressive 4 bedroom, 3 reception executive style property on the popular Meadowlands Development. (EPC - C)

Haverhill Office - 01440 768919



Haverhill £285,000

4 bedroom detached property. The property benefits from UPVC double glazing, gas fired radiator central heating, fitted kitchen with built in appliances & detached double garage.

Haverhill Office - 01440 768919



Pentlow £375,000

3/4 bedroom Detached Bungalow. kitchen/breakfast room & 'L' shaped lounge/diner. 1 Acre of gardens surround the property. NO ONWARD CHAIN. (EPC - E)

Clare Office - 01787 278890



Haverhill £175,000

3 bedroom end of terrace house with potential future development with large side garden. The property benefits from a conservatory & detached garage. NO ONWARD CHAIN.

Haverhill Office - 01440 768919



Haverhill £347,500

Large family home set well back from the road with circular gravelled drive, detached double garage, 2 studios/workshops & all of this set in gardens of around 1/4 acre (ST5)

Haverhill Office - 01440 768919



Haverhill £167,950

Well presented 2 bedroom semi detached house on the Cambridge side of town. Viewing highly recommended. NO ONWARD CHAIN (EPC - B)

Haverhill Office - 01440 768919



Haverhill £189,995

A well presented 3 bedroom link detached property benefitting from spacious kitchen/breakfast room, lounge, conservatory, attached garage & good sized garden to the rear.

Haverhill Office - 01440 768919

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Clare
01787 278890

Haverhill
01440 768919

Hadleigh
01473 828280

Sudbury
01787 468400

Bychoice

ESTATE AGENTS



Ashen

£339,950

A tastefully presented 3 bedroom detached bungalow tucked away in a quiet enclave within the village of Ashen. The property benefits from a dual aspect lounge with separate dining room, ensuite to master bedroom, conservatory, side & rear gardens with a detached garage & additional car port to the side.

Clare Office - 01787 278890



Little Yeldham

OIEO £360,000

A well presented 4 double bedroom detached house situated within the popular village of North End. The property benefits from a modern fitted kitchen, separate dining room, lounge, study, ensuite to master bedroom & family bathroom. Outside there is a patio area, garden, garage & additional parking.

Clare Office - 01787 278890



Ashlea Close

£150,000

Bychoice are delighted to offer this 3 bedroom mid terrace property in need of updating. The property benefits from spacious living accommodation comprising of lounge, kitchen/breakfast room, dining room & 3 good size bedrooms. NO ONWARD CHAIN.

Haverhill Office - 01440 768919



Steeple Bumstead

£230,000

Bychoice are delighted to offer this 3 bedroom semi in the highly sought after village of Steeple Bumstead. The accommodation comprises of 3 bedrooms, open plan living lounge & dining areas, 2 bathrooms & fitted kitchen. The property also benefits from large rear garden. Call to view now.

Haverhill Office - 01440 768919



Kedington

£309,995

3 double bedroom detached bungalow in the sought after village of Kedington. The property benefits from a country style fitted kitchen/diner, lounge, sunroom, 2 ensuite & mature garden.

Clare Office - 01787 278890



Linton

£189,995

First floor apartment benefitting from light & airy open plan living accommodation with vaulted ceilings, mezzanine study area, ensuite to master bedroom & allocated parking.

Haverhill Office - 01440 768919



Haverhill

£179,995

3 bedroom semi-detached house on the Cambridge side of town. The property boasts a kitchen/diner, lounge, master bedroom with ensuite & garage.

Haverhill Office 01440 768919



The Street

£149,950

Grade II Listed cottage. The property still retains some character features as well as modern fitted kitchen & bathroom, 2 bedrooms & an enclosed courtyard. NO ONWARD CHAIN.

Clare Office - 01787 278890



Little Thurlow

£175,000

3 bedroom semi detached house in this much sought after village. The property is in need of modernisation & internal viewing is highly recommended. NO ONWARD CHAIN.

Haverhill Office - 01440 768919



Haverhill

£275,000

4 bedroom family home on sought after development. The property benefits from 2 reception rooms, fitted kitchen, refitted bathroom & ensuite, double garage & good sized gardens.

Haverhill Office - 01440 768919



Finchingfield

£150,000

A fantastic 2 bedroom second floor apartment in a Victorian conversion in the picturesque village of Finchingfield.

Haverhill Office - 01440 768919



Haverhill

£175,000

3 bedroom semi detached house with garage on the popular Shetland Road Development. The property benefits from kitchen, lounge/diner & landscaped garden.

Haverhill Office - 01440 768919



Belchamp Water

£215,000

2 bedroom semi detached cottage. The property benefits from a lounge, dining room open to modern kitchen & following on to conservatory, bathroom, garage & parking.

Clare Office - 01787 278890



Haverhill

£170,000

2 bedroom semi detached Victorian house situated on one of the most desirable streets in Haverhill. The property benefits from many character features & viewing recommended.

Haverhill Office - 01440 768919



Haverhill

£134,995

2 bedroom terrace house for investment. The property benefits from fitted kitchen, 2 good size bedrooms, separate lounge & dining rooms & off street parking. (EPC - E)

Haverhill Office - 01440 768919



Poslingford

£650,000

4 bedroom period cottage with original features, benefitting from a detached timber framed cart lodge with a 1 bedroom maisonette above, parking & swimming pool.

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Cover **PROPERTY**

Lovely family home

Sturmer: £335,000



ROSEMOUNT is a five bedroom detached home in Woods Close, Sturmer, that is now on the market for offers around £335,000. It has an entrance hall, downstairs cloakroom, kitchen/breakfast room, utility room and lounge. Upstairs is a master bedroom with en suite bathroom, four more bedrooms and a family bathroom. There is a front garden, shingled driveway, double garage and attractive, enclosed rear garden, with lawn, borders, decking with hot tub, patio area and garden shed. Contact CXG on (01440) 712216 for more information.

Feature **HOME**

Wixoe: £850pcm



A LARGE three bedroom semi-detached house in the quiet village of Wixoe is available to rent for £850pcm. It has a large

dining room, downstairs shower room, lounge, kitchen/diner and utility room. On the first floor are three double bedrooms and

a good sized family bathroom. Outside the rear garden is laid to lawn with a small storage area/workshop.

To arrange an internal viewing call Preview Property Services on (01440) 714219.



Preview Property Services

Residential Lettings & Management



FEATURE PROPERTY Stour Cottage, Wixoe

£850pcm

Large three bed semi detached house situated in the quiet village of Wixoe. Front door takes you into lobby area which then leads on into downstairs shower room, large dining room, spacious lounge and kitchen. Kitchen/diner offers range oven and dishwasher, space for large breakfast/dining table, matching range of wall and base units with worktops over. Utility room offers tumble drier and period butter sink. Three double bedrooms all neutrally decorated and carpeted; two with built in wardrobes; master with feature fireplace. Large family bathroom consisting of white three piece suite.



Elmdon Place, Haverhill £720pcm

Three bed mid terrace house on the popular Chalkstone Estate. Lounge, kitchen/diner, two double bedrooms, one single, family bathroom & rear garden.



Cramswell Close, Haverhill £675pcm

Modern two bed mid terrace house on the Cambridge side of town in quiet cul-de-sac. Lounge, kitchen, two double bedrooms, bathroom, garden, garage, EPC band: C

LANDLORDS!!

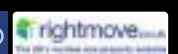
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SAMUEL'S

LETTINGS
&
PROPERTY
MANAGEMENT



Jay Close £149,950

Well presented terraced family house offering: g/f cloakroom, lounge, re-fitted kitchen/dining room, three bedrooms, re-fitted family bathroom, UPVC double glazing, gas fired central heating to radiators and enclosed rear garden. Offered with no onward chain. EPC rating: D, 66



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Cleves Road £289,950

Detached family house offering g/f cloakroom, lounge, kitchen/breakfast room, dining room, study, five bedrooms, three en-suites, bathroom, g/f c/h, front & rear gardens, tandem garage & generous driveway. EPC Rating D, 66



Crowland Road £239,950

Well presented end of terrace family house offering: g/f shower room, family/utility room, lounge, kitchen/dining room and cloakroom to the first floor. To the second floor there's three bedrooms and a family bathroom. There is also the added benefit of UPVC double glazing, g/f c/h, enclosed rear garden and garage & casual parking.



Camps Road £165,000

Freehold shop offering: generous retail area/office of approximately 35.5 x 18.2. To the rear the property benefits from a kitchen, separate WC and door to separate courtyard area.



Minerva Close £250,000

Extremely well presented detached family house offering lounge, g/f cloakroom, kitchen/diner, utility room, three bedrooms, en-suite, dressing room, bathroom, front & rear gardens, g/f c/h, double garage & driveway. EPC Rating D, 66



Brickfields Drive £249,950

Detached family home situated on the edge of the popular Croft development enjoying countryside views. The property offers g/f cloakroom, lounge, kitchen, dining room, utility room, four bedrooms, en-suite shower room, family bathroom, UPVC double glazing (where stated), g/f c/h, front & rear gardens and garage and driveway. EPC rating: C, 74



Vetch Walk £137,950

Mid terrace family house offering: lounge, kitchen/dining room, g/f cloakroom, three bedrooms, family bathroom, UPVC double glazing (where stated), part g/f c/h to radiators and front & rear gardens. Offered with no onward chain. EPC rating: D, 62



Chaplains Close £197,000

Semi detached double story extended family house offering: lounge, g/f cloakroom, dining room, kitchen, four double bedrooms, shower room, family bathroom, UPVC double glazing (where stated), enclosed rear garden and garage & driveway.



Arms Lane, Kedington £365,000

Detached thatched cottage with many period features. Situated with open farmland views and benefits from lounge, dining room, kitchen, utility room, g/f bathroom, two/three bedrooms, shower room, generous established gardens to both front, side and rear and a detached garage and driveway providing ample parking. EPC rating: F, 35



Mill Road, Kedington £289,950

Well presented detached family house offering: g/f cloakroom, lounge, dining room, kitchen, three bedrooms (previously four bedrooms) to the first floor with en-suite bathroom to the master bedroom. There is the added benefit of g/f c/h, UPVC double glazing, front & rear gardens and garage & driveway. EPC rating: D, 64



Dash End, Kedington £189,950

Semi detached family house situated in a popular Suffolk location, offering lounge/dining room, kitchen, three bedrooms, bathroom, outhouses, UPVC double glazing, g/f c/h, front & rear gardens. Offered with no onward chain. EPC rating D, 63



Drury Lane, Ridgewell £174,950

Detached cottage situated in popular village location, modernised to a high standard yet retaining many original features & character. The property offers: Lounge, Re-Fitted Kitchen/Diner, Two Bedrooms & Re-Fitted Bath/Shower room & un-overlooked rear garden. EPC rating - G, 4



Ashen £375,000

Detached cottage offering g/f cloakroom/shower room, lounge, garden/dining room, kitchen/breakfast room, study, three bedrooms, en-suite, family bathroom, oil fired central heating, garden, garage & driveway. EPC Rating D, 60



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Helions Bumpstead

£325,000

Much improved and extended family home. Lounge, dining room, ground floor cloak/shower room, re-fitted kitchen/breakfast room and five bedrooms and family bathroom to the first floor. EPC rating D, 56



School Crescent, Kedington £186,995

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Sorrel Walk £149,995

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White Horse Road, Kedington

£189,950

Detached cottage offering character accommodation to include: lounge, dining room, kitchen, conservatory, two bedrooms, family bathroom, garage and driveway to front and oil fired central heating to radiators. In need of some refurbishment. No onward chain. EPC rating: F, 25



Henderson Close

£149,950

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Ickleton Place

£149,950

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Clarendale Estate, Great Bradley

£189,950

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Meadowsweet Close

£209,950

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Dovehouse Road

£214,950

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Haverhill



£154,950

SALE AGREED IN 24 HOURS



Haverhill



£340,000

An impressive, individually created contemporary home nicely set in an elevated position.



Haverhill

£127,950

An extended and much improved two bedroom victorian property conveniently located within walking distance to the town centre and its amenities. The property is presented to a high standard and has the benefit of a re-fitted kitchen and bathroom. (EPC Rating D).



CAMBRIDGE ELY HAVERHILL NEWMARKET SAFFRON WALDEN ST IVES LONDON

Cheffins

NEW



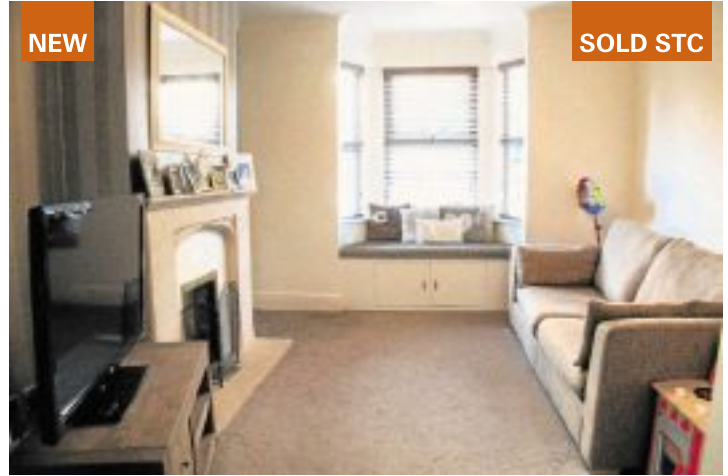
Haverhill

£186,950

A tastefully decorated and well planned three bedroom detached family house located on the popular Wilsey development.

NEW

SOLD STC



Haverhill

£144,950

SALE AGREED IN 4 DAYS - SIMILAR PROPERTIES URGENTLY REQUIRED



Melbourn Bridge

£350,000

An exceptionally well finished detached family home boasting a stunning & luxury bespoke kitchen / family room.



Thurlow

£420,000

An extremely spacious and beautifully presented four bedroom detached family home located in the picturesque village of Thurlow.



Haverhill

£205,000

An extended four bedroom detached property situated on the popular Wilsey development.



SOLD STC

Haverhill

£274,950

SIMILAR PROPERTIES URGENTLY REQUIRED



NEW

Haverhill

£141,500

A generous three bedroom mid terrace property situated on the well regarded Chimswell development. The property benefits from spacious living accommodation



SOLD STC

Haverhill

£147,950

SALE AGREED IN ONE WEEK - SIMILAR PROPERTIES REQUIRED

CAMBRIDGE ELY HAVERHILL NEWMARKET SAFFRON WALDEN ST IVES LONDON

Cheffins**NEW****West Wrating****£440,000**

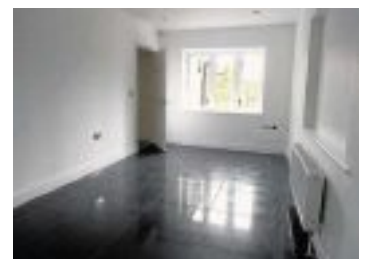
A charming and most attractive detached period cottage sympathetically improved and extended to provide versatile and well proportioned accommodation.

NEW**SOLD STC****Haverhill****£269,950**

SALE AGREED IN 3 DAYS - SIMILAR PROPERTIES URGENTLY REQUIRED

NEW**Castle Camps****£439,500**

A stunning detached home offering deceptively spacious and stylish accommodation over three floors measuring approx 2750 sq ft. Five bedrooms, 22' x 17 Kitchen/dining room and three further reception rooms also enjoys views over countryside.



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Cheffins

NEW



Calford Green

£250,000

A spacious two bedroom detached former chapel nicely situated along a private gravelled track in the small hamlet of Calford Green.



Kedington

£649,999

A substantial & rather striking six bedroom detached Victorian home tucked privately away behind walled gardens and mature trees.



Hanchett End

£120,000

A Building plot with outline planning permission for a two storey, three bedroom detached dwelling located on the highly desirable cul de sac of Hanchett End.



Steeple Bumpstead

£395,000

A beautifully presented and generous four bedroom detached family home situated in a secluded plot with wonderful views over farmland.

DAVID BURR

CAVENDISH

Haverhill 10 miles - Clare 3 miles



This detached period house is set on the village green in Cavendish. Drawing room, dining room, kitchen/breakfast room, study, utility room, cloakroom and cellar. 5 bedrooms (1 en suite) and 2 bathrooms. Guest cottage and generous garden.

Guide £950,000

EPC Rating: F

STOKE BY CLARE

Haverhill 5 miles - Cambridge 22 miles



A beautifully presented detached home which has been updated and extended in recent years. Drawing room, kitchen/dining room, study, cloakroom, utility, 4 bedrooms (2 en suite) and family bathroom. Carport and garage/store, parking and gardens.

In all about .66 of an acre.

Guide £650,000

EPC Rating: D

RIDGEWELL

Haverhill 5 miles - Cambridge 25 miles



A splendid Grade II Listed property providing a wealth of character features. Sitting room, dining room, kitchen, 4 bedrooms, bathroom, shower room, garage, parking and garden.

Guide £350,000

CLARE

Haverhill 9 miles - Sudbury 9 miles



A spacious detached home in a popular location. Sitting room, dining/family room, kitchen/dining room, wet room, 4 bedrooms (1 en suite), family bathroom. Garage, parking and gardens.

EPC Rating: C

Guide £329,950

BIRDBROOK

Haverhill 4 miles - Audley End 16 miles



A Grade II Listed detached cottage abutting paddocks. Sitting room, kitchen/breakfast room, utility /boot room, 3 bedrooms (1 en suite), bathroom and garden.

Guide £350,000

CAVENDISH

Haverhill 10 miles - Clare 2 miles



A charming detached cottage in a tucked away location. 2 receptions, kitchen, garden room, cloakroom, 2 bedrooms (1 en suite) and shower room. Outbuilding converted for use as office/studio. Garden.

EPC Rating: D

Guide £315,000

POSILINGFORD

Haverhill 9 miles - Clare 2 miles



A charming Victorian cottage situated in a quiet village location. 2 receptions, kitchen, utility, 3 bedrooms, attic/occasional bedroom and bathroom. Timber workshop and garden.

In all about 0.16 of an acre.

EPC Rating: E

Guide £285,000



KevinHenry *Haverhill*

Estate Agents Lettings Conveyancing Finance



HAVERHILL £365,000

- Executive modern detached family home
- 5/6 Double bedrooms
- Well equipped kitchen breakfast room
- Master bedroom
- Single integral garage and parking
- Fully enclosed south facing rear garden
- No onward chain
- EPC Rating 'C'



LINTON £340,000

- 4 Bedrooms
- South facing garden
- Light and bright
- Quiet residential area
- Gas central heating
- Garage
- Lovely family home
- Awaiting EPC



BIRDBROOK £250,000

- 3 generous bedrooms
- 2 Reception rooms
- Wonderful rural location
- Approaching one-third-of-an-acre gardens
- Very well maintained
- Potential to extend, subject to planning
- Off-street parking
- EPC Rating 'D'



HAVERHILL £148,000

SOLD WITHIN 48 HOURS - MORE PROPERTIES REQUIRED FOR DISAPPOINTED BUYERS

- Three bedroom end of terrace
- Re-fitted kitchen/diner
- Spacious lounge
- Downstairs wc
- Family bathroom
- No onward chain
- Awaiting EPC



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Mobile: 07793012858 jodie@kevinhenry.co.uk

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Marshall takes on Maserati



'THRILLED': Marshall CEO Daksh Gupta is delighted to have acquired the Maserati franchise

MASERATI has appointed Marshall Motor Group to operate its latest new dealership covering the Cambridgeshire territory.

This new agreement will see Marshall Maserati opening a brand new dealership to the very latest specification at their established site in Tyrell Park, Peterborough. The dealership itself will be fully furnished to provide a bespoke five car showroom along with full service and repair facilities. The new dealership will be opening in April 2014.

Daksh Gupta, CEO of Marshall Motor Group said: "We are thrilled to now be working with Maserati, an exciting brand with ambitious plans on the back of its

enlarged product range. Peterborough is one of the fastest growing cities in Great Britain and is easily accessible for customers in the surrounding area, making this the ideal location for a new dealership for this brand. We are also excited to be partnering with our first specialist brand given our strategic intent to grow with specialist and premium brands in addition to our existing brand partners".

David Aldcroft, Maserati North Europe network development manager, said: "We are very excited to be opening our next new dealer with Marshall Motor Group in Peterborough. Their reputation and desire to both represent Maserati and

provide exceptional customer service will be a great asset to us and our customers. We are equally excited to see the significant growth in sales fuelled by the new Maserati Quattroporte and Ghibli models which are now at our dealerships. Marshall Motor Group is joining Maserati at a perfect and unprecedented time in our 100-year history."

This latest appointment follows three recent additions to the Maserati dealer network in the Cardiff, Glasgow and Kent territories, in keeping with the growth aspirations of the Italian marque.

Vauxhall vans stay on top – again

VAUXHALL built more than 44,000 vans in the UK last year, making it Britain's number one van maker for the 12th year running, according to figures released today by the Society of Motor Manufacturers and Traders.

Bedfordshire-based Vauxhall celebrated 110 years of building and selling vehicles in 2013 and achieving 12 years of manufacturing dominance was the



VAUXHALL: Vivaro success story

perfect way to round off its landmark year.

Building over treble that of its nearest competitor, Vauxhall manufactured 44,657 Vivaro vans at its Luton plant. UK Vivaro sales, up 34 per cent

year-on-year to 18,180, helped drive production. Vauxhall's offer of four years' zero per cent APR finance, four years' free servicing, a four year warranty and four years' AA cover, was particularly popular with customers.

"We are delighted to be the UK's leading van manufacturer for the 12th year running," said Duncan Aldred, Vauxhall's chairman and managing director.

Be sure to check all your tyres are properly roadworthy during the rainy season

AFTER the worst winter storms to hit Britain for two decades, drivers are being reminded about the need for more regular tyre checks.

With its potential to cause aquaplaning, standing water remains a major hazard in many parts of the UK, while damaged road surfaces also presents a different tyre related challenge. However, by taking just a few minutes to inspect your tyres regularly, TyreSafe advises that the impact of these issues can be reduced.

"Although floods in many areas are starting to subside, motorists are still faced with a couple of serious tyre related challenges which can be minimised if they spend a few moments regularly checking their tyres," advises Stuart Jackson, chairman, TyreSafe. "The checks are incredibly easy to make, but they could make the world of difference to your safety on the road."

While driving through deep flood water has a wide range of associated risks and should be tackled with extreme caution, smaller areas of standing water may be less easy to avoid but equally dangerous.

On vehicles equipped with tyres that have insufficient or low levels of tread depth,



AQUAPLANING: Be sure your tyres are road-safe

water between the tyres and the road surface may not be removed quickly enough. This layer of water builds up in front of the tyres until the tyre loses contact with the road surface. This loss of traction, or aquaplaning, causes the wheels to slip and prevents the vehicle from responding to steering, braking or acceleration. As a result, the vehicle can lose control, starting to skid or spin dangerously.

To reduce the risk of aquaplaning, drivers are

advised to check the tread depth of their tyres. New tyres often have a tread depth of around 8mm, far greater than the legal minimum requirement of 1.6mm, which makes them much more efficient at removing water and able to cope with standing water.

Enough to suffer from aquaplaning should heed the advice of organisations such as the AA who recommend holding the steering wheel lightly and lifting off the throttle until

the tyres regain grip.

Meanwhile, damaged road surfaces and potholes caused by the recent wet weather also present another significant tyre safety hazard. When tyres hit large potholes, they have the potential to be suffer internal damage which could cause the tyre to fail catastrophically, leaving the driver unable to control the vehicle.

Any drivers unfortunate eFor more information about tyre safety, visit tyresafe.org.

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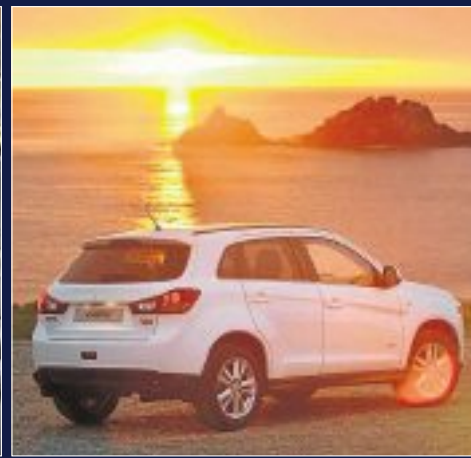
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Mitsubishi ASX



IT'S still easy to be reminded of chunky Shoguns and rapid Lancer Evolutions when thoughts turn to Japanese car maker Mitsubishi, writes Iain Dooley.

Back in 2010 the firm introduced a compact SUV in a bid to grab some of the action in, at the time, an evolving market sector.

Fast forward to today and the ASX has been given a subtle makeover, and costs a little less than before, as it attempts to take a slice of the increasingly popular compact 'soft-roader' SUV market.

At launch, the ASX's appearance aped that of the now departed Colt supermini, but the slightly angular look does much to give the ASX an 'edge' amongst the more rounded competition.

It's the same inside, with the ASX's cabin clearly at the more durable end of the scale, and active families will no doubt approve of the tough cabin plastics and their bash-proof qualities.

That's about as rough and tumble

as the ASX gets, however. Mitsubishi's latest updates include a greater level of sound proofing to boost cabin refinement, while the

Price reductions plus a welcome uplift of the standard spec ensure the ASX is easily capable of taking the fight to the competition

Better soundproofing, more gadgets

standard specification has been given a welcome uplift. There's now Bluetooth connectivity across the range, for example.

Furthermore, along with the existing 1.6-litre 115bhp petrol and 1.8-litre 114bhp diesel engines, Mitsubishi has introduced a six-speed automatic transmission option tied to the larger 2.2-litre 148bhp from its Outlander model.

This flagship combo also comes with full-time four-wheel drive – an option on the 1.8 diesel – while the rest of the range ships in wallet and city-friendly front-wheel drive.

On the road the 2.2-litre ASX proves to be a brisk and refined performer. You sit higher than in a conventional family hatchback but there's very little in the way of pitch and roll when on the move.

Visibility is, as you'd expect, good for a lofty SUV like the ASX. With weighty steering and a responsive auto gearbox, confidence levels are high regardless of the conditions.

Leave the all-wheel drive system alone and it'll direct power quickly to the wheels that need it most, although you have the option of locking the split equally fore and aft if you need more traction. All in all the ASX easily punches above its weight on the road and off it.

Keen to boost the car's appeal in an increasingly crowded marketplace, Mitsubishi has both simplified and enhanced its trim levels.

The three-model line-up is now

better equipped, with all models receiving air-con, alloy wheels, remote central locking and seven airbags.

Move up a grade and you gain larger alloy wheels, climate control, parking sensors, keyless ignition, cruise control plus auto wipers and headlights and heated front seats.

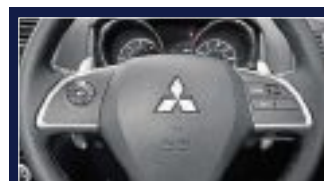
The flagship ASX, which includes the 2.2 diesel and auto gearbox, adds a panoramic glass roof, sat-nav, leather and a reversing camera.

As before, the ASX boasts a spacious cabin with ample space, while the low load lip and folding rear seats allow for large and bulky items to be transported with ease.

While the changes might be subtle, Mitsubishi's engineers have focused on the things that matter.

And lastly, price reductions plus a welcome uplift of the standard specification ensure that Mitsubishi's ASX is easily capable of taking the fight to the competition.

■ Call Duxford Motor Group on (01223) 832412 for more information.



factfile

Model: Mitsubishi ASX 4 2.2 Diesel AWD Auto

Prices: From £23,899

Engine: 2.2-litre turbo diesel

Power: 147bhp *

Top speed: 118mph

0-60mph: 10.8 seconds

Economy (Comb'd): 47.8mpg

Emissions: 153g/km

verdict

Looks: Pretty darn impressive

Practicality: Resolutely so

Performance: Brisk and refined

indetail



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- Be an excellent communicator
- Have proven customer service related experience
- Have working experience of Windows based products and good IT skills
- Enjoy working within a team
- Can work under pressure

We offer 20 days annual leave and NHS pension scheme. Salary dependent on experience.

For an application form and job description please contact the surgery.

Telephone: 01440 269366

Email: postmaster@gp-d83012.nhs.uk

Please leave your name and contact details.

Closing date: Friday 7th February 2014



Wealth Management Client Relationship Manager

Walden Capital are a financial advisory firm focusing on high net worth private clients. Please view our website www.waldencapital.co.uk for full job specification.

We are seeking an individual with excellent communication and administrative skills plus a proactive nature to work closely with and support the wealth management consultants in all client related tasks.

You will have para-planning experience and be able to write suitability reports. You may have previously worked as an IFA or are currently undertaking professional qualifications. You will be familiar with "wraps" and cash flow modelling software. Experience of intelliflo an advantage.

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Babraham Bioscience Technologies Ltd (BBT) has an exciting opportunity for a highly motivated and enthusiastic individual to join our expanding organisation. The individual will be experienced in Garden maintenance within both formal gardens as well as modern landscaping. The Campus covers over 400 acres so as well as formal gardens there may also be general estate work to be carried out with the estates team.

Within the campus there is a grade 2 listed Hall and walled gardens which are within a conservation area. This post will include the maintenance of these areas as well as the more recent landscaping and future developments.

Applicants must have minimum the qualifications of NVQ level 2 in Horticulture or equivalent and experience of working full time in formal gardens.

Starting salary will be dependent upon qualifications and experience. Application forms and further details are available electronically from our website (www.babraham.com), by e-mail bbt.personnel@babraham.co.uk or by contacting our 24-hour Recruitment Line on 01223 496365. On applying please quote reference EG/BBT/P. The closing date for completed applications is Friday 14th February 2014. Interviews for shortlisted candidates will take place the week of 24th February 2014.

BBT is an equal opportunities employer.

SCAFFOLDER Required. Royston area. Advanced ticket holder preferred. Calm, mature and reliable. Permanent position, good rate of pay. Contact 07967 278057.

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The Christmas Maltings & Clements Practice Vacancy for Cleaning/Housekeeping Staff

We have two positions available in our Housekeeping Team at the Clements Surgery. The role will include general housekeeping and cleaning duties. Applicants must have good organisational skills, enjoy working within a team and able to use their initiative.

Vacancy 1 Mornings, 6am to 8.30am

Vacancy 2 Late afternoon, 5.30pm to 7.30pm

20 days annual leave per annum, NHS pension scheme, salary dependant on experience.

For an application form and job description please call 01440 269366 after 10am

Closing date 27th January 2014.

Comberton and Eversden Surgeries

Job Vacancy for a Practice Manager
Salary: Depending upon experience, skills and qualifications.
Full time: 37.5 hours per week

An excellent opportunity has arisen for a Practice Manager to join our busy 5 Partner 9,300 patient practice. The successful candidate will be an enthusiastic, versatile and motivated individual with strong leadership skills and sound business and organisational expertise.

The Practice is situated in two purpose built surgery premises in the villages of Comberton and Little Eversden, and serves a stable rural population across 23 villages in South Cambridgeshire west of the A14.

We are looking for someone with excellent leadership, communication and organisational skills with a sound knowledge of HR, business processes, finance and IT. A background in Primary Care / NHS Management would be an advantage though not essential as support and training will be given. The successful candidate will be eligible to join the NHS Pension Scheme (final salary).

Job description / person specification available on request by emailing: ian.tilston@nhs.net telephoning: 01223 263554 or by writing to: Ian Tilston, 58, Green End, Comberton, Cambridge, CB23 7DY

Closing Date: Friday 14th February 2014

The Stephen Perse Foundation is an ambitious, innovative, forward thinking independent day school based in Cambridge for pupils aged 3-18.



Foundation Administrator Temporary until end December 2014.

We are looking for a skilled administrator to provide support, diary management and meeting organisation for the Vice Principal (Curriculum).

The role will include minute taking, administration of the Foundation calendar and assisting with event organisation.

The successful candidate will also be responsible for the administration of all Foundation trips and expeditions which will include supporting parents to use the online payments system.

This is a full time position.

Further details and an application form may be downloaded via our website www.stephenperse.com/recruitment or from this

QR Code or phone 01223 454750

Closing date for applications is noon on

Monday 3 February 2014

The School is a registered charity



The Stephen Perse Foundation is committed to safeguarding and promoting the welfare of children and applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Disclosure and Barring Service.



Site Manager/Caretaker

Part time, 2.30pm to 8.30pm, Monday to Friday
Salary £19,320 to £21,114 pro rata

A school of the Stephen Perse Foundation, Cambridge

We are seeking an experienced site manager/caretaker to assist with the day to day maintenance of the buildings and grounds. You will be competent at basic building repairs, be able to show initiative and work proactively to ensure the smooth running of the site.

The position is based at Dame Bradbury's School in Saffron Walden but the ability and willingness to work at other Foundation sites is a must. A full driving licence is essential.

Further details and an application form may be downloaded via our website www.stephenperse.com/recruitment or from this

QR Code or phone 01223 454750

Closing date for applications is noon on Tuesday 4th February 2014

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The Stephen Perse Foundation is committed to safeguarding and promoting the welfare of children and applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Disclosure and Barring Service.

Uttlesford District Council Corporate Services ICT Service Delivery Manager

(Salary £32,072 - £34,894)
(depending upon relevant experience)

We require an ICT Service Delivery Manager, to carry out the day to day management of the ICT function. The ICT service currently employs 7 staff working from a single site, providing support to 375 users, on a variety of different hardware platforms using many different systems. The council also has a number of cloud based services, an area which it is actively looking to develop.

You will need to demonstrate experience in a similar role; ideally you will also be able to demonstrate a working knowledge of ITIL, SFIA and Prince2 methodologies.

You will be responsible for the day to day management of the ICT infrastructure, applications and service desk staff, including the allocation of those resources to the ICT project team as necessary. You will also work closely with the ICT Security Officer.

You will attend user meetings within the council to promote the service and understand any service issues.

In your application you should demonstrate that you are the person we seek by giving evidence that you meet the requirements of the post.

For an informal discussion about this post, please contact Nicola Wittman, ICT and Corporate Support Team Manager on 01799 510413.

If you are interested in this post please telephone our 24 hour recruitment answerphone on 01799 510666 quoting reference GIC001/1003 for an application form and information pack, or alternatively visit our website at www.uttlesford.gov.uk to download an application form.

Previous applicants need not apply.

The closing date for completed applications is Tuesday 11 February 2014 and interviews will be held w/c Monday 24 February 2014.

CVs alone will not be accepted but can be included as part of the submission.

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- Assisting with the day to day running of Chambers as directed by the Senior Clerk and Deputy Senior Clerk
- General housekeeping tasks as directed by Chambers Administrator
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Written applications, together with a full CV, should be headed 'Junior Clerk' and addressed to: Paul Green - Senior Clerk, Fenners Chambers, 3 Madingley Road, Cambridge CB3 0EE

Applications will be treated in the strictest confidence.

Closing date for applications: 7th February 2014

Interviews will be held: Week commencing 10th February 2014

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If you are interested in joining us, please send your CV (giving details of current salary / expectations) to: rw72@synoptics.co.uk or Synoptics Ltd, Ref RW, Beacon House, Nuffield Road, Cambridge, CB4 1TF. Tel: 01223 727100 Fax: 01223 727101

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WEEKLY NEWS SPORT

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> Football

Borough reserves enjoy the good Life at home

HAVERHILL Borough reserves coasted to a comfortable 4-2 victory against City Life in their first Newmarket Motor Company League, Division 2A game of the new year on Saturday.

In a game in which they dominated for 85 minutes, Borough had numerous chances in the first half which they failed to convert.

With Ryan Kent tormenting the City Life defence with his pace down the right wing, Paul Jenkin and Nathan Copsey both missed opportunities which they should have converted.

But Craig Cutts fired home from the edge of the City Life six-yard box

with three minutes remaining of the first half to ensure some of their good work did not go to waste.

Substitute Aaron Bowmer doubled the advantage immediately after the break following a raking diagonal pass from Cody Frazier.

And Jenkin then added a quick-fire double to give the hosts a comfortable 4-0 lead and put the seal on the points.

As the game headed for full time, Borough lost concentration at the back and conceded two late goals.

But the win was never in doubt and they deserved the points.



Shock: Nathan Copsey gutted after missing an excellent chance.

Picture: Gary Brown

> Motorsport

Paffett excited with changes to F1 rules

GARY Paffett believes this year's Formula One World Driver's Championship promises to be one of the most exciting as teams battle to get to grips with new regulations for 2014.

The changes have compelled teams to go back to the drawing board with new designs that will significantly affect the way the cars handle.

McLaren unveiled their new MP4-29 at their base in Woking last week but the team's Haverhill-based test driver Paffett has already had a taste of what Jensen Button and Kevin Magnussen and the rest of the drivers can expect this season having racked up

the hours in the simulator. "It's going to be more difficult to drive because the car is going to be looser," said Paffett.

"We'll see the guys who have better car control coming through.

"With the amount of torque we have, controlling that and making sure you don't tear the rear tyres apart is going to be very important.

"It's going to be an intriguing season."

The biggest changes include the return of turbo engines, new guidelines governing aerodynamics and refined energy recovery systems.

"We've been developing

the car for a long time," continued Paffett.

"Balance-wise it feels pretty strong. The performance of the car with regards to downforce and power is different.

"The car has less downforce so it moves around more and there's more torque, especially out of the corners. It's harder to handle the cars."

Paffett expects the changes will result in a genuine test of skill.

"The drivers are going to have to be more careful getting on the throttle because there isn't the low downforce we've had in previous years," he said.

Paffett, 32, will again bal-

ance his F1 commitments with a campaign in the DTM (German Touring Car Championship), but with a new car comes more opportunity for testing.

"It could make my role as test driver more important. We won't really know until the season starts.

"There's more to look at, as with a complete new car the first few races are going

to be quite different."

McLaren endured a difficult season last year, finishing fifth in the constructors' championship.

With new regulations, Paffett hopes a clean slate will bring a change in fortunes. We weren't competitive enough last year.

"At McLaren we should be fighting for race victories and championships."

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> Rugby union

Haverhill rueing Hadleigh defeat

HAVERHILL had a day to forget in Greene King IPA Eastern Counties Two as they lost 59-0 at Hadleigh.

Hamish Stewart and Ricky Brown performed well in the line-out, which was the only area where Haverhill had some sort of ascendancy.

They struggled at the scrum and to get any quick ball from the breakdown.

Hadleigh got their first try after 10 minutes, but by the half hour were 27-0 up and it was 32-0 by half time.

And the hosts continued to rack up the scores in the second period to compound a disappointing afternoon for Haverhill.

> Athletics

Tough Guy Tappin tackles Challenge

JACK Tappin had his first race of the year as he took on the notorious Tough Guy Challenge in Wolverhampton.

He battled his way over a range of obstacles including barbed and electric wires, freezing water and 40ft high frames.

The 26-year-old competitor completed the infamous course in 3hr 33min.

"It was hard going and left us with a few cuts and bruises but it was a good event to be a part of," said triathlete Tappin.

"These obstacle-course events are always good fun for something to do in the off-season and soon it'll be back to triathlon."

> Golf

Carpenter is top trump in medal

JASON Carpenter produced an impressive performance in the juniors' Mixed Winter Medal at Haverhill Golf Club.

He shot nett 62, slashing his handicap by three shots to 19. Fiona Stokes was second with 68 and Alice Iron third with 71.

At the Suffolk Winter Alliance meeting at Waldringfield Golf Club, the professional prize was won by Haverhill's Paul Wilby with 74, three clear of Bury Driving Range's Neil Mitchell. Diss' Mark Farrow was third with 80.

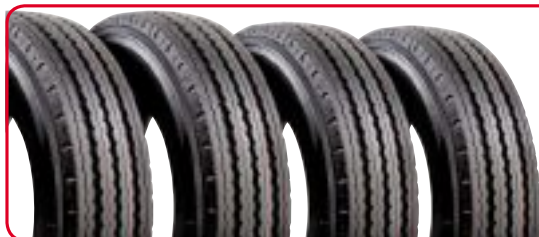
The winning team in the fourball betterball stableford with 77 points were Felixstowe Golf Centre's Danny Barton, Rushmere's Sean Payne, Ipswich's James Tyler and Felixstowe Ferry's Tom Martin.

> Youth football

Aztecs blow early lead

HARRISON Butt and Ollie Santry got Aztecs White's goals in a 2-2 draw with Red Lodge in Cambridgeshire Mini Soccer League 10C.

Butt and Santry put Aztecs ahead, only for Red Lodge to level five minutes before half time.



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